

TECHNOLOGIES	P. 62
ROAD COMPETITION	P. 68
ROAD PERFORMANCE	P. 70
TRIATHLON	P. 76
XC-RACING	P. 78
MULTI-SURFACE	P. 80
MOUNTAIN ENDURO	P. 82
GRAVITY	P. 86
SEVERE CONDITIONS	P. 92
EXPLORER SERIES FOOTWEAR	P. 94
WOMEN'S FOOTWEAR	P. 102
ACCESSORIES	P. 112
ICONS & SIZING CHARTS	P. 116

2018

S-PHYRE
FOOTWEAR
 PEDALS
 APPAREL
 BAGS
 EYEWEAR

THE RIGHT SHOE
 FOR EVERY RIDER
 AND EVERY RIDE



IGNITE YOUR PERFORMANCE

S-PHYRE has one goal: to maximize power transmission by delivering more performance per gram, cheating the air, and using linkage effect to power efficiencies.

S-PHYRE embodies SHIMANO's passion to create the best, deliver results, and ignite your performance.



S-PHYRE

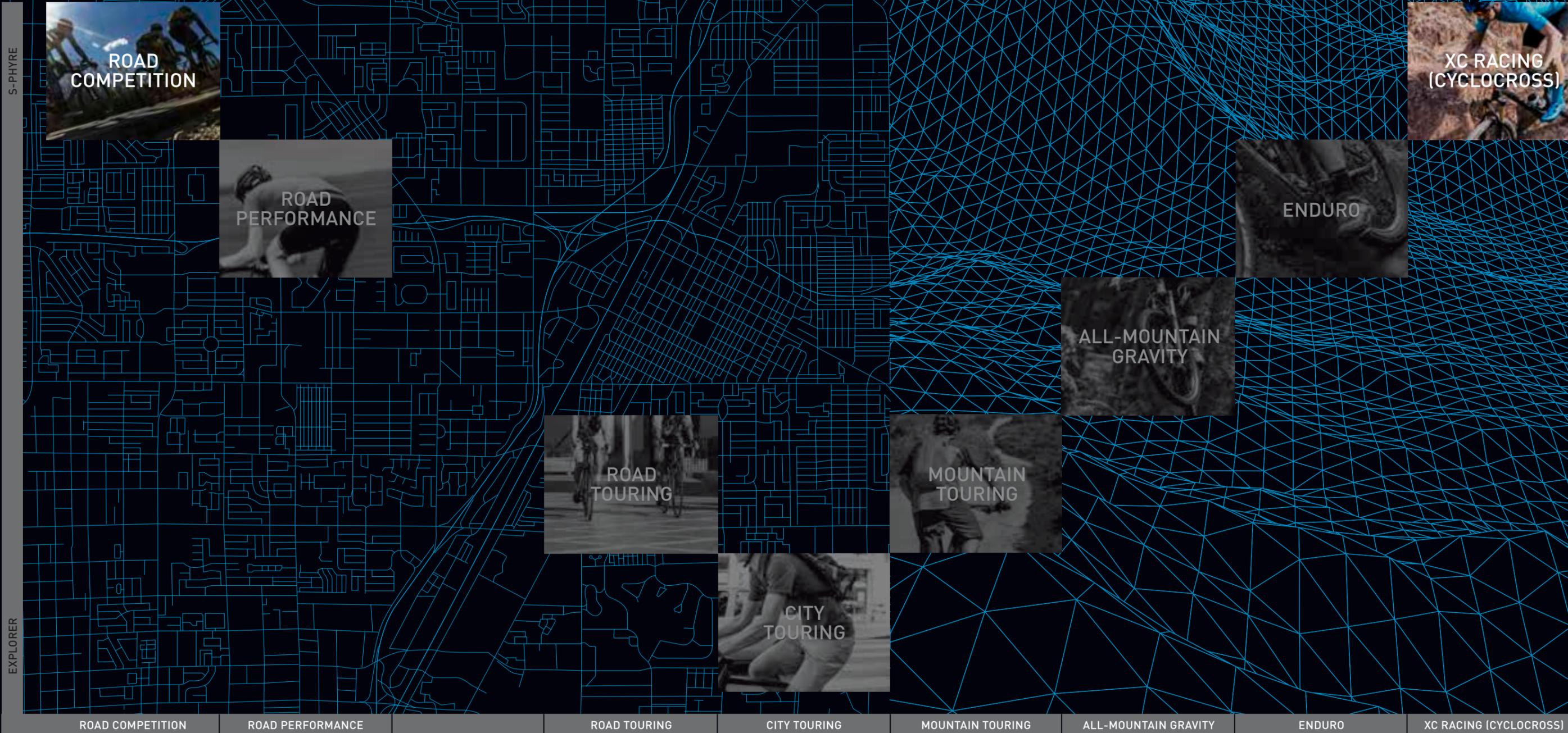
THE NEWEST BENCHMARK OF PERFORMANCE FROM SHIMANO

When you've led as many races as we have, you learn a lot about what it takes to win. And S-PHYRE is the newest expression of SHIMANO's passion for leading. We've taken everything we know about performance and created the pinnacle of SHIMANO FUSION CONCEPT.

Meticulously engineered, S-PHYRE turns technology into performance, effort into victories, and dreams into realities.

Our goal and promise is to bring to market technical wear so advanced that it empowers you to achieve your next level.

FUSION CONCEPT PERFORMANCE



S-PHYRE
FOOTWEAR
PEDALS
APPAREL
ACCESSORIES
BAGS
EYEWEAR

NOT A SINGLE WATT LEFT BEHIND

Power generation is hard enough. Riders don't need to lose watts to the physics of aero drag, friction or overheating. S-PHYRE is engineered to limit losses through technological advancements that only SHIMANO could invent.

PHYSICS

Speed lives in the details. We have re-considered everything about how drag, friction and excess weight fight against forward movement. Patterns are fine-tuned, materials are selected to reduce drag and constructions are engineered to limit rotating mass.

PHYSIOLOGY

Heating/cooling demands are a variable driven by exertion and situation. Controlling and maintaining body temperature delivers more power, more consistently, in more situations. S-PHYRE works intuitively to maintain optimal body temperature so the rider can concentrate on power generation.

LINKAGE EFFECT

S-PHYRE linkage effect is built on SHIMANO core System Engineering philosophy. One piece interacting in harmony with the next provides a higher level of performance. S-PHYRE products are designed to unify the rider, gear and bike. Because suffering should come from the effort—not from what you wear.

S-PHYRE lives up to everything you expect from SHIMANO, and everything we demand from ourselves.

INCREASED SPEED BY REDUCING DRAG, FRICTION AND EXCESS WEIGHT

STRONGER PERFORMANCE BY REGULATING TEMPERATURE AT ALL LEVELS OF EXERTION

LINKAGE EFFECT

PHYSICS

PHYSIOLOGY

MAXIMIZED POWER TRANSMISSION AND COMFORT

SEAMLESS SHOULDERS
S-PHYRE SEAMLESS SHOULDERS CHANNEL AND STRAIGHTEN AIRFLOW OVER THE FRONT AND SIDES OF THE BODY TO REDUCE DRAG.

DIRECT LEVER FEEL
NON-PADDED PALM GIVES ULTIMATE CONTROL BY GETTING THE HAND CLOSER TO THE BAR/SHIFTER.

3D CUTTING

3D CONSTRUCTION
SEAM-MINIMIZED WOVEN CONSTRUCTION CONNECTS THE HAND TO SHIFTER/HOOD FOR OPTIMAL POSITIONING.

NO COMPROMISE
GRAPHICS ARE KNITTED IN, RATHER THAN APPLIED, PRINTED OR SUBLIMATED. NO HOT SPOTS, NO COMPROMISE.

MAXIMIZED POWER TRANSMISSION

ZERO-LOSS INTERFACE
S-PHYRE INNER-HIGH WEAVING PATTERNS ARE DESIGNED TO INTEGRATE WITH SADDLE EDGE MATERIALS FOR A ZERO-LOSS INTERFACE.

S-PHYRE SOCKS
DESIGNED AND CONSTRUCTED TO PROMOTE EFFICIENT PEDALING, THE ANKLE ANGLE IS HELD IN AN IDEAL POSITION.

FULL-FEATURE UPPER
SUPPLE, STRETCH-RESISTANT AND HIGHLY-BREATHABLE TELJIN AVAL MICROFIBER SYNTHETIC LEATHER, OPTIMIZED WITH DIMPLE PERFORATED DRAINAGE/VENT HOLES.

DUAL MICRO-ADJUST LACING
DUAL INDEPENDENT BOA IP1 DIALS WITH POWERZONE WIRE GUIDE LACING ALLOW QUICK AND PRECISE MICRO-ADJUSTMENT WHILE MAINTAINING STABILITY.

THINK. FAST.

These two words define both our approach and the promise of the S-PHYRE brand. After all, we are from the country that invented the

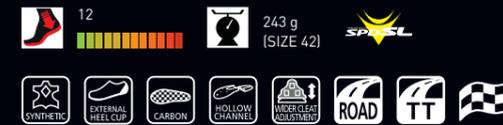
bullet train. And just like the bullet train, S-PHYRE doesn't exist because creating it is easy; it exists because it is necessary.

S-PHYRE RC9 SHOE

THE PINNACLE OF ROAD COMPETITION FOOTWEAR

Super light. Incredibly fast. Close to the action. Power transmission is job one with the new S-PHYRE road competition shoe. It connects your leg, foot, sock and shoe with a unique linkage effect that transfers every last watt while treating your toes to a comfortable fit. Because when you're suffering for glory, the last thing you want is a shoe that's not contributing to the effort.

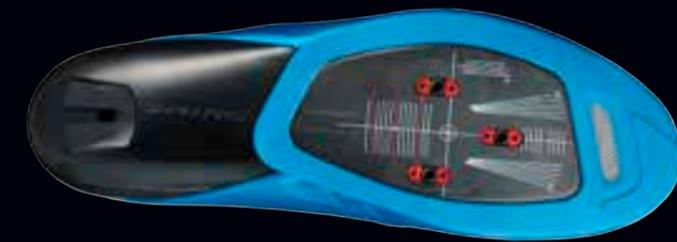
SIZE
• 36, 37 - 47 in half sizes; 48; wide type size: 36, 37 - 47 in half sizes; 48



BOA silvadir SHIMANO DYNALAST



BLUE SH-RC900

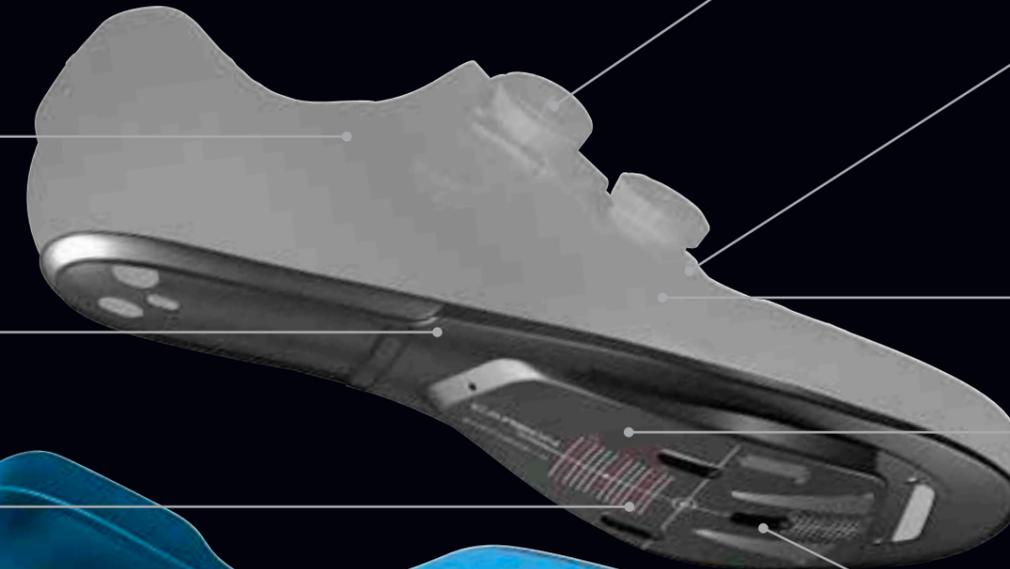
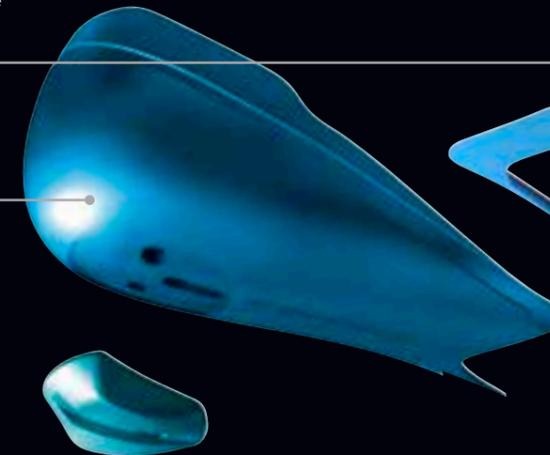


FULL-FEATURE UPPER
Supple, stretch-resistant and highly-breathable Teijin Avail microfiber synthetic leather, optimized with dimple perforated drainage/vent holes.

SEAMLESS MIDSOLE
Elimination of the lasting board reduces weight and enables a lower stack height to help stabilize the foot and maximize power output.

LOW STACK HEIGHT
Low stack height helps stabilize foot during the downward pedaling stroke.

EXTERNAL HEEL CUP
External curved heel cup construction suppresses foot twist and roll, stabilizes the heel and holds your foot firmly in place.



DUAL MICRO-ADJUST LACING
Dual independent BOA IP1 dials with Powerzone wire guide lacing allow quick and precise micro-adjustment while maintaining stability.

ASYMMETRIC CONTROL
Asymmetric eyestay pattern prevents twisting of foot under high-power pedaling.

ONE-PIECE UPPER
One-piece surround upper design provides a glove-like fit.

CARBON OUTSOLE
Ultra-rigid lightweight carbon sole maximizes power transfer.

EXTENDED-RANGE CLEAT ADJUSTMENT
Extra 11 mm of cleat adjustment range.

ANTI-ODOR COMFORT
Silvadir's patented long-lasting silver ion intelligent technology offers long lasting freshness. You can feel confident that apparel will stay fresh regardless of the level of activity. No unwanted odors or discoloration occur that might shorten a products lifespan.

SHIMANO FUSION CONCEPT

For more information download the SHIMANO FUSION CONCEPT App

S-PHYRE XC9 SHOE

THE ULTIMATE IN OFF-ROAD POWER TRANSMISSION AND LIGHTWEIGHT EFFICIENCY

Road-shoe fast meets mountain-shoe rugged. Finally, off-road shoes deliver pro performance in the dirt. XC9 is packed with engineering innovations that improve fit, maximize power transfer and perform in raw conditions. You stay focused on rolling over roots, straddling streams or bunny-hopping barriers. These shoes have got your back while they cradle your feet.

SIZE
 • 36,37 - 47 in half sizes; 48; wide type size: 38 - 47 in half sizes; 48



BLUE SH-XC900



BLACK SH-XC900



YELLOW SH-XC900



BEST MATCH PD-M9000

RACE-FIT UPPER

A one-piece surround upper, narrow bottom, rounded heel and slim toe box provide a glove-like fit.

EXTERNAL HEEL CUP

External curved heel cup construction suppresses foot twist and roll, stabilizes the heel and holds your foot firmly in place.

MICHELIN OUTSOLE

Proprietary Michelin outsole minimizes weight, and offers increased traction.

ANTI-SLIP PATTERN

Specific design to improve adherence on pedals.

DUAL BOA

Extra-range BOA microadjusters with instant release spools.

ASYMMETRIC CONTROL

Asymmetric eyestay pattern prevents twisting of foot under high-power pedaling.

LOW STACK-HEIGHT

Low stack-height helps stabilize foot during the downward pedaling stroke.

REINFORCED MOUNT

Reinforced spike mount for extreme conditions (also available with 18 mm spike option).

EXTRA-LONG SPIKES

Optional extra-long climbing spikes for cyclocross and wet condition applications.

ANTI-ODOR COMFORT

Silvadur's patented long-lasting silver ion intelligent technology offers long lasting freshness. You can feel confident that apparel will stay fresh regardless of the level of activity. No unwanted odors or discoloration occur that might shorten a products lifespan.

S-PHYRE TALL SOCKS

PROFESSIONAL GRADE RACING SOCKS

All socks are the same, right? But what if a sock could make a shoe better? S-PHYRE believes it can. By looking at the shoe/sock interface and applying our Linkage Effect approach, S-PHYRE socks combine thermoregulation, comfort, ankle roll stability, and heel slip-resistance with an extra-tall cuff that's guaranteed not to droop. Asymmetrical structural weaving of proprietary fabrics provides guiderails for proper foot alignment through the entire 360-degree crank rotation. And you thought a sock was just a sock. By the way, they look great with S-PHYRE shoes, and work even better too.

- MATERIAL**
- 58% Polyamide, 34% Polyester, 8% Elastane
- SIZE**
- S-XL



SYSTEM ENGINEERED
Designed and constructed to promote efficient pedaling, the ankle angle is held in an ideal position. Part of the S-PHYRE shoe + sock integrated system.

ANKLE GUIDES
Woven-in ankle guides ensure efficient pedaling rotation.

ANTI-SLIP PAD
Knitted anti-slip heel.

TEMPERATURE CONTROL
Sole ventilation for comfortable riding.

DESIGNED TO WORK WITH RC9 AND XC9
Strategic structural design. Cushioned for comfort in pressure areas with thinner underfoot breathable panels to aid in temperature control.



BLACK
CW-SCBS-QS31UL



NEON YELLOW
CW-SCBS-QS31UF

BLUE
CW-SCBS-QS31UH

WHITE
CW-SCBS-QS31UI

SHIMANO FUSION CONCEPT

For more information download the SHIMANO FUSION CONCEPT App

THE BEST
SHOE
FOR YOU,
IS THE
SHOE THAT
FITS YOU
BEST.

When we invented SPD clipless pedals more than 25 years ago, we faced one small problem: there were no compatible shoes. So we took a good, long look at the human foot, examined how it functioned in cycling applications, and created a high-performance shoe from scratch.

We design, analyze and test cycling footwear that fit our standards and the human foot. And we've discovered that a rider's foot behaves very differently when racing, mountain biking, touring, commuting or walking. In other words, one size (and one last) doesn't fit everyone.

It's why we offer the widest range of footwear types, lasts, sizes and styles. Sure, it would be easier to use just one last with different uppers and colorways to create a line. But when the shoe is purpose built to fit and perform, the results are millions of happy metatarsals, tarsals, phalanges, calcaneuses, plantar fascias and taluses. That's code for happy feet.

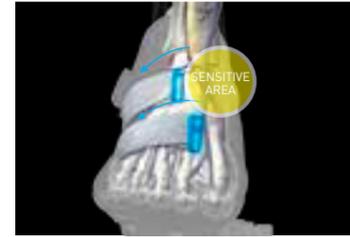


FOOTWEAR OPTIMIZED AROUND THE HUMAN FOOT

SHIMANO footwear is developed using our unique understanding of how the foot interfaces with the shoe and pedal to optimize comfort and maximize power transfer for smooth and efficient pedaling.

ANATOMICALLY DESIGNED

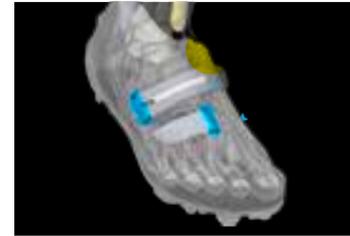
All SHIMANO footwear closures are anatomically designed to reduce pressure and tension on the highest points of the foot. By wrapping the foot securely and in a uniform method, comfort is improved and added power transmission created.



OFFSET STRAPS



Unlike conventional closures, SHIMANO's anatomically precise Offset Straps relieve tension at the highest point of the foot, where pressure tends to be greatest.



CROSS-X STRAPS



Our Cross-X Strap system is built for the on-foot challenges of off-road riding with the real-world need of alleviating pressure when off the bike.



LOW PROFILE REVERSE BUCKLES



Super low-profile reverse buckle holds foot securely.



The Boa® System

BOA® | FIT TO GO FURTHER.™

The Boa® System offers infinite adjustment for glove-like fit. On-the-fly, one-handed adjustments, secure locking and fast release.

SHIMANO FOOTWEAR PROVIDES ALL-DAY COMFORT BY WRAPPING THE FOOT SECURELY TO MAXIMIZE POWER TRANSFER.

1. COMFORT

Every SHIMANO cycling shoe uses supple yet durable upper materials engineered together with our unique closure options to secure the foot firmly and comfortably without hot spots or pressure points.

3. POWER TRANSFER

Whether it is our ultra-stiff carbon fiber DYNALAST road performance soles, rider-tuned off-road TORBAL® soles, or on and off the bike optimized city touring soles; every SHIMANO sole is designed with the specific user in mind.



2. SECURITY

Efficient power transfer demands a stiff and rigid sole that can result in heel slip. SHIMANO cycling footwear is engineered with lightweight internal or external 3D Anatomic heel cups, which secure the heel to eliminate slip and chaffing while maximizing power transfer.

EXTERNAL HEEL CUP

On select models we utilize an external heel cup for enhanced heel hold and optimal durability.



EVERY RIDER DESERVES THE PRO TREATMENT

SHIMANO offers a wide variety of shoes to match a range of riding styles. For each of our shoe models, we develop soles designed to optimize the desired style of riding. For pro racers seeking maximum power transfer, we equip our competition shoes with highly rigid soles and stability-enhancing insoles. And for the casual hike-and-bike touring enthusiast, we offer shoes featuring more flexible soles and cushioned insoles to provide greater comfort for walking.

	ROAD	OFF-ROAD	EXPLORER
12	RC9		
11		XC9	
10	NEW RP9, RC7/RC7 WOMEN, TR9/TR9 WOMEN		
9	NEW RP7 WOMEN	XC7	
8	NEW RP5/RP5 WOMEN	ME7	
7		NEW XC5/XC5 WOMEN	
6	RP3/RP3 WOMEN, RP2/RP2 WOMEN, NEW RP1, RW5, TR5/TR5 WOMEN	ME5, NEW AM7	
5		NEW ME3/ME3 WOMEN, NEW ME2/ME2 WOMEN, MW7, MW5, NEW AM9, AM5	RT5/RT5 WOMEN, RT4/RT4 WOMEN
4			NEW MT7, MT5/MT5 WOMEN, MT3/MT3 WOMEN
3		NEW GR9, NEW GR7/GR7 WOMEN	XM9, XM7, SD5
2			NEW CT5/CT5 WOMEN

STIFFNESS INDEX

BESPOKE FIT FOR YOUR FEET

SHIMANO's CUSTOM-FIT heat-moldable insoles revolutionized cycling footwear. They feature an ergonomic, heat-moldable EVA with a rigid, high-density PE support structure and customizable arch inserts to provide instant support, comfort, and stability.

CUSTOM-FIT INSOLE MOLDING TOOL
The CUSTOM-FIT insole molding tool maintains the shape of heat-moldable insoles. Providing precise plantar shape for more power, comfort, and support.

ANTI-SLIP TOP SURFACE
Keeps your feet securely positioned and supported for pedaling efficiency.

HEAT-MOLDABLE EVA LAYER
Allows you to create insoles that fit the unique shape of your feet.

HEAT-MOLDABLE HIGH-DENSITY PE WITH DEEPER HEEL CUP
Provides excellent rigidity, stability, and support.

SNUG-FITTING HEEL CUP
Snug and stable, this newly designed heel cup serves to cradle your heel and keep it reliably in place.

MID-LOW ARCH PAD
The first of two modular arch pad options, designed to support average-to-low arches.

HIGH-MID ARCH PAD
Our second modular arch pad option, this one is designed to support an average-to-high arch.

CUSTOM-FIT PRESSURE MAPPING
CUSTOM-FIT insoles disperse pressure more evenly and support a broader area for increased all-day comfort. CUSTOM-FIT also optimizes the heel bone angle and helps secure the heel in the shoe for increased power transmission.

CUSTOM-FIT Typical insole

>=191	High
175	
159	
143	
127	Distributes pressure and
111	better arch support
96	
80	
64	
48	
32	
16	
>=0	Low

ROAD COMPETITION FOOTWEAR



ROAD COMPETITION FOOTWEAR



BEST MATCH
PD-R9100

BLUE
SH-RC900



WHITE
SH-RC900



YELLOW
SH-RC900

RC9 *S-PHYRE*

THE PINNACLE OF ROAD COMPETITION FOOTWEAR FOR LONG DISTANCE COMFORT, AND EFFICIENCY

FEATURES

- Unified sole and upper construction sets a new level of fit, pedaling stability, rigidity and weight reduction
- Close to foot last shape with a narrow bottom, rounded heel and slim toe box
- Wide range fit adjustability accommodates various shapes of feet
- Dual independent Boa® IP1 dials allow quick and precise micro-adjustment
- Quick dry 3D mesh controls humidity
- Built in drainage holes for rainy conditions

SIZE

- 36, 37 - 47 in half sizes, 48
- Wide type size: 36, 37 - 47 in half sizes, 48



12g



243 g (SIZE 42)



BOA®

silvapur

SHIMANO DYNALAST



BEST MATCH
PD-R8000

WHITE
SH-RC700



RED
SH-RC700

RC7

FULL-FEATURED LIGHT WEIGHT COMPETITION SHOE FOR OPTIMIZED COMFORT AND PEDALING PERFORMANCE

FEATURES

- Ultra-rigid, lightweight carbon fiber composite sole
- SHIMANO DYNALAST helps to reduce braking loss
- Boa® IP1 dials allow quick, micro tension adjustments
- Powerzone wire guide with front strap hold foot securely
- Lightweight and supple perforated synthetic leather upper, featuring superior fit and added cooling
- Optimum linkage of air flow between upper, insole and outsole
- Adaptable Cup Insole

SIZE

- 38 - 47 in half sizes, 48, 49, 50
- Wide type size: 38 - 47 in half sizes, 48, 49, 50



10g



245 g (SIZE 42)



BOA®

SHIMANO DYNALAST

FURTHER, FASTER... MORE COMFORTABLE

Engineered with the endurance rider in mind, the Road Performance RP9 magically blends the advanced features and construction of our road competition footwear with the comfort and efficiency required for long days on the saddle. Supple materials surround our 3D Anatomic design to conform to the foot, transferring power seamlessly and effortlessly to the pedals.

ROAD PERFORMANCE AT EVERY LEVEL

Available Road Performance models include RP9, RP7W, RP5, RP3, RP2 and RP1 for all levels of cyclists seeking performance with comfort.

LONG DISTANCE COMFORT

All day comfort without sacrificing power transmission.

CLEAN APPEARANCE

Sophisticated aesthetic and hidden hardware routing for a clean appearance.

LIGHTWEIGHT CONSTRUCTION

Built on the Road Performance platform, the RP9 weighs just 224 grams (Size 42).



SM-SH41 CLEAT ADAPTOR

The SM-SH41 Cleat Adaptor converts any 3-hole SPD-SL shoe to mount a SPD cleat. Simple to install, the SM-SH41 allows riders to utilize the performance of a road shoe with the broad range of SPD pedals. The SM-SH41 also improves walkability with cleat protecting, durable TPU platforms.



COMFORTABLE UPPER

Supple microfiber synthetic leather with laser-cut MicroVent perforations.



THE BOA® SYSTEM

Boa® IP1 closures with hidden cable routing allows for quick and precise on-the-fly adjustability.



MULTI-LEVEL COOLING

Integrated cooling channels route air across the outsole, insole, and upper.



EXTERNAL HEEL CUP

External curved heel cup stabilizes and holds the foot firmly in place.

FOOTWEAR

ROAD

PERFORMANCE





BEST MATCH
PD-R8000

NAVY
SH-RP901



BLACK
SH-RP901



WHITE
SH-RP901



BLUE
SH-RP901

RP9 NEW

FLAGSHIP ROAD PERFORMANCE SHOE DELIVERS UNPARALLELED COMFORT AND EFFICIENT PERFORMANCE ON LONG RIDES

FEATURES

- Supple, microfiber synthetic leather with perforated venting for superior fit
- Light carbon composite outsole for optimized long ride stiffness
- Micro-adjustable Boa® IP1 dial with hidden wire routing
- External curved heel cup secures the heel and foot
- Durable, wide heel pads provide walking stability
- Optimum linkage of air flow over upper, insole and outsole

SIZE

- 36, 37 - 47 in half sizes, 48,49,50
- Wide type size: 36, 37 - 47 in half sizes, 48



BOA

silvadir

SHIMANO DYNALAST



BEST MATCH
PD-5800

WHITE
SH-RP501



BLACK
SH-RP501

RP5 NEW

AFFORDABLE HIGH-PERFORMANCE ROAD ENDURANCE SHOE FOR THE ASPIRING RIDER

FEATURES

- Seamless one-piece upper for ideal fit and all-day comfort
- Light carbon fiber reinforced nylon sole for power transfer
- Micro-adjustable Boa® L6 dial with hidden wire routing
- Clean design delivers pure, functional performance
- Durable, wide heel pads provide walking stability
- Optimum linkage of air flow over upper, insole and outsole

SIZE

- 36 - 50



BOA

SHIMANO DYNALAST



BEST MATCH
PD-R550, PD-R540,
PD-R540-LA, PD-A520*
*SPD pedals can be used
only with SPD cleats with
the adapter SM-SH40

BLACK
SH-RP300



WHITE
SH-RP300



NEW BLACK/BLUE
SH-RP300

RP3

PRO LEVEL FEATURES, PERFECT FOR THE CLUB AND RECREATIONAL CYCLIST

FEATURES

- Secure closure system—two hook & loop straps plus a buckle for a firm fit
- Off-set Strap relieves tension at highest point of the foot
- Supple padded tongue feels great
- Optimum pedaling efficiency and compatibility
- Lightweight glass fiber reinforced nylon sole
- Indoor cycling friendly SPD and SPD-SL cleat compatible
- Adaptable Cup Insole

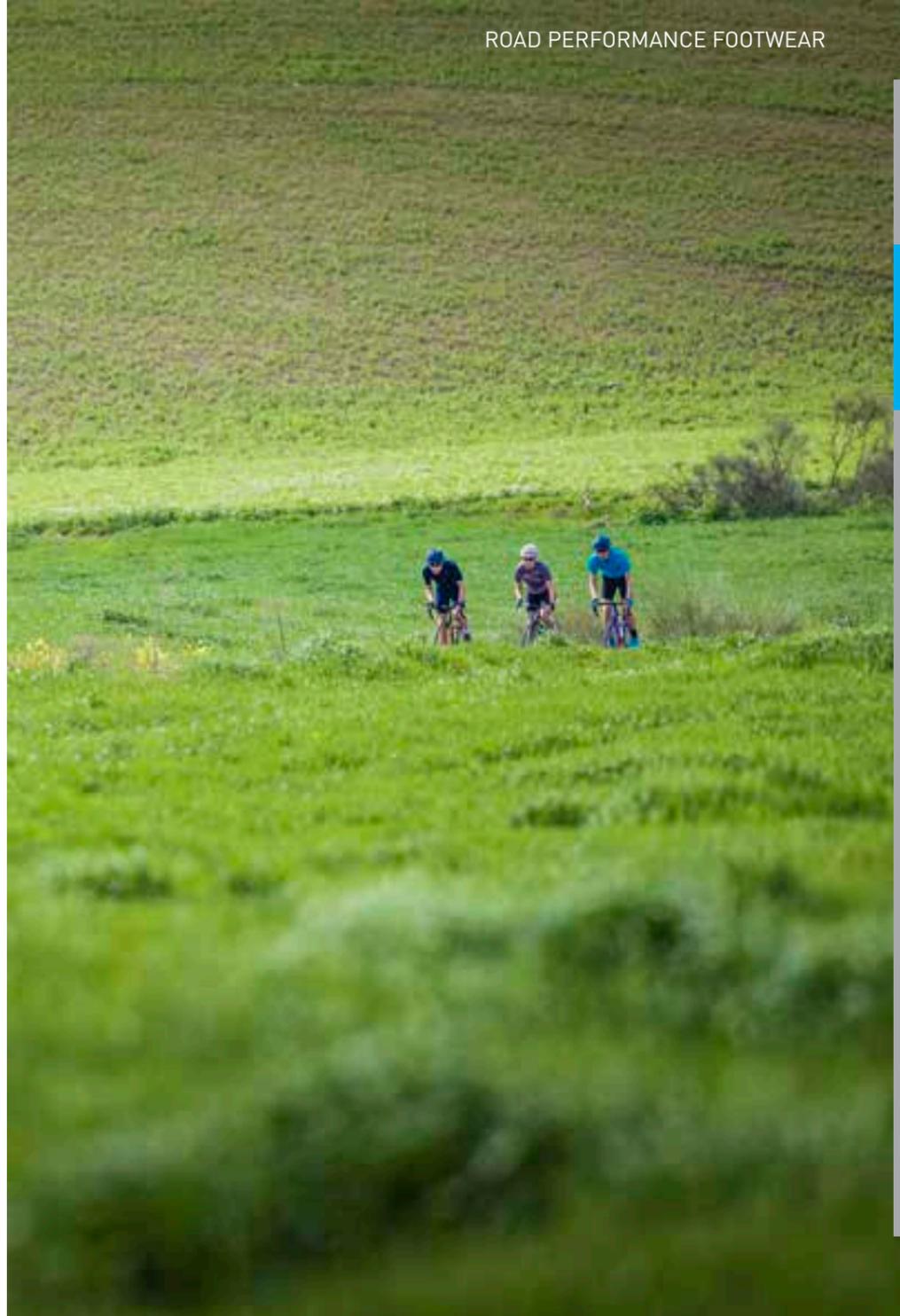
SIZE

- 36 - 52
- Wide type size: 36 - 52



ROAD

SHIMANO DYNALAST





BEST MATCH
 PD-R550, PD-R540,
 PD-R540-LA, PD-A520*
 *SPD pedals can be used
 only with SPD cleats with
 the adapter SM-SH40

BLACK
 SH-RP200



WHITE
 SH-RP200



NEW BLACK/YELLOW
 SH-RP200

RP2

ESSENTIAL PERFORMANCE SHOE FOR BEGINNING ENTHUSIASTS

FEATURES

- 3 durable hook & loop straps spread tightening force across the top of the foot
- Off-set Strap relieves tension at highest point of the foot
- Extra cushioned tongue for added comfort
- Optimum pedaling efficiency and compatibility
- Lightweight glass fiber reinforced nylon sole
- Indoor cycling friendly SPD and SPD-SL cleat compatible
- Adaptable Cup Insole

SIZE

- 36 - 50



6



273 g

(SIZE 42)



SHIMANO DYNALAST



BEST MATCH
 PD-R550, PD-R540,
 PD-R540-LA, PD-A520*
 *SPD pedals can be used
 only with SPD cleats with
 the adapter SM-SH40

BLACK
 SH-RP100



NEON YELLOW
 SH-RP100

RP1

NEW

ALL-AROUND PERFORMANCE ROAD CYCLING SHOE WITH SHIMANO QUALITY, COMFORT, AND FUNCTION.

FEATURES

- Comfortable fit and perfect support for pedaling
- Dual hook and loop straps provide reliable and secure fit
- Lightweight glass fiber reinforced nylon sole
- Indoor cycling friendly SPD and SPD-SL cleat compatible
- Reflective print on heel cup for improved visibility

SIZE

- 36 - 48



6



255 g

(SIZE 42)



SHIMANO DYNALAST



ROAD PERFORMANCE FOOTWEAR



BEST MATCH
 PD-R550, PD-R540,
 PD-R540-LA, PD-A520*
 *SPD pedals can be used
 only with SPD cleats with
 the adapter SM-SH40

BLACK
 SH-RW500



RW5

BUILT FOR RIDERS WITHOUT AN OFF-SEASON

FEATURES

- DRYSHIELD® membrane with fleece liner keeps feet warm and comfortable in rain, wind and cold
- Insole with fleece liner for added insulation and heat retention
- Lace flap and neoprene ankle collar keep out water and dirt
- Adaptable cup insole with fleece liner
- Speed lacing system allow fast, easy adjustments and a secure fit
- 360-degree Fluorescent reflective printing

SIZE

- 38 - 48



6



340 g

(SIZE 42)



SHIMANO DYNALAST

S-PHARE

FOOTWEAR

PEDALS

APPAREL

ACCESSORIES

BAGS

EYEWEAR

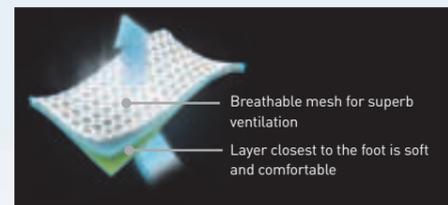
TRIATHLON FOOTWEAR



MATERIAL TECHNOLOGY

QUICK DRY MESH

SHIMANO has developed a new frontier in moisture control with our 3D mesh. Three layers that 1/ control temperature, 2/ wick away moisture, and 3/ ensure an ideal fit. 3D Dry Mesh keeps feet comfortable during quick transitions and extended rides.



TR9

ELITE TRIATHLON RACING SHOE DESIGNED TO QUICKEN TRANSITIONS AND OPTIMIZE POWER

FEATURES

- T1-Quick strap and extra-wide collar simplifies foot entry and quickens transitions
- Asymmetrical heel loop makes it easier to get your finger through the loop to quickly secure the shoe during transitions
- 3D breathable mesh for optimal ventilation
- Anatomical toe cap with air intake maintains rigidity and breathability
- Lightweight, super-stiff carbon fiber composite sole efficiently transfers power
- Dual Density Cup Insole

SIZE

• 36, 37 - 47 in half sizes, 48, 49, 50



TR5

TRIATHLON PERFORMANCE SHOE DESIGNED TO QUICKEN TRANSITIONS AND OPTIMIZE POWER

FEATURES

- T1-Quick strap and extra-wide collar simplifies foot entry and quickens transitions
- Asymmetrical heel loop makes it easier to get your finger through the loop to quickly secure the shoe during transitions
- 3D breathable mesh for optimal ventilation
- Lightweight glass fiber reinforced nylon sole
- SPD-SL and SPD cleat compatibility
- Adaptable Cup Insole

SIZE

• 36 - 52





XC-RACING FOOTWEAR



BLUE
SH-XC900



BLACK
SH-XC900



YELLOW
SH-XC900



BEST MATCH
PD-M9000

XC9 *S-PHYRE*

THE PINNACLE OF OFF-ROAD COMPETITION FOOTWEAR

- FEATURES**
- Dedicated X-Country and Cyclocross no compromising racing shoe
 - Low stack height sole helps stabilize foot during the downward pedaling stroke
 - A one-piece surround upper, narrow bottom, rounded heel and slim toe box provide a glove-like fit
 - Dual independent Boa® IP1 dials allow quick and precise micro-adjustment
 - Asymmetric eyestay pattern prevents twisting of foot under high power pedaling
 - Proprietary MICHELIN® outsole minimizes weight, and offers increased traction

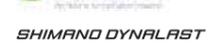
- SIZE**
- 36,37 - 47 in half sizes, 48
 - Wide type size: 38 - 47 in half sizes, 48



110 g (SIZE 42)



330 g (SIZE 42)



BLACK
SH-XC700



RED
SH-XC700



BEST MATCH
PD-M8000

XC7

OFF-ROAD RACING SHOES FOR COMFORT AND MAXIMUM OFF-ROAD PERFORMANCE

- FEATURES**
- Ultra-rigid, lightweight carbon fiber reinforced midsole
 - Supple high-density synthetic leather with perforated venting for superior fit
 - Boa® IP1 dials with Powerzone wire guide and Front strap hold foot securely
 - Adaptable cup insole
 - Exclusive MICHELIN® high-traction, mud-shedding tread pattern outsole
 - Dual density rubber compounds provide the right balance of grip, durability and flexibility
 - Rubber anti slip arch outsole pattern

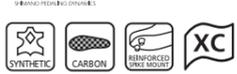
- SIZE**
- 38 - 50
 - Wide type size: 38 - 48



90 g (SIZE 42)



335 g (SIZE 42)



FOOTWEAR MULTI-SURFACE



THE SHOE FINE-TUNED AT EVENTS AROUND THE GLOBE

RIDE AND WALK WITH SECURITY

Designed for multi-surface rides where the rider is on and off the bike.

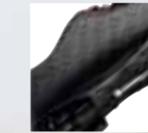
EFFICIENT POWER TRANSFER

Supportive with Stiffness Level 7, features lightweight carbon fiber reinforced mid-sole.



LACE FIT AND MPS CONTROL

Mini Power Strap shoe lacing system securely holds foot.



MICHELIN® OUTSOLE

Exclusive MICHELIN® high traction, mud-shedding tread pattern outsole.



SPIKE MOUNTS

Reinforced spike mounts for XC and CX racing applications.

LIGHTWEIGHT

Only 301 grams (Size 42).

MEN'S AND WOMEN'S VERSIONS

The XC5 is specifically designed for both men and women.



MULTI-SURFACE FOOTWEAR



BLACK
SH-XC500



BEST MATCH
PD-M8000



GRAY/ORANGE
SH-XC500

XC5 NEW

COMFORTABLE AND FUNCTIONAL MIXED TERRAIN SHOES

FEATURES

- Mini power strap shoe lacing securely holds foot
- Lightweight and rigid carbon fiber reinforced midsole
- Supple synthetic leather with perforated venting for superior fit
- Exclusive MICHELIN® high-traction, mud-shedding tread
- Rubber anti-slip arch outsole pattern
- Reinforced spike mount for extreme conditions, 18 mm spike option
- Includes additional laces

SIZE

- 38 - 50



7



301 g
(SIZE 42)



SHIMANO DYNALAST



ENDURO MOUNTAIN FOOTWEAR

DON'T JUST PUSH THE LIMIT. REDEFINE IT.

Human feet have the right balance of flexibility and resilience to conquer all sorts of terrain. So why don't off-road cycling shoes? SHIMANO understands that aggressive trail riding and racing demands the right mix of protection, stability, and surprisingly, flex when the going gets really tough.

TORBAL (Torsional Balance) improves balance and bike control by letting the heel section accommodate some lateral movement, while optimizing pedaling efficiency at the sole/cleat interface. Flexibility better-connects the rider and pedal with what the bicycle is doing underfoot, while maintaining comfort and flexibility through all ranges of rider motion.

DURABLE CONTACT AREAS

Pedal contact areas, toe and heel boast a SHIMANO-standard blend of grip and durability.

TORBAL

TORSIONAL SOLE ALLOWS NATURAL RIDER "FLOW" MOTION

TORBAL solution provides sideways flex in the back section of the sole.



DUAL-DENSITY RUBBER SOLE

For the demanding conditions of trail-enduro mountain biking.



PROPRIETARY DESIGNED MICHELIN® SOLE

SHIMANO & MICHELIN® in collaboration have developed the new sole that combines Dual-Density Rubber & Strategic Lug Placement Pattern for better grip without compromising pedaling efficiency.

EXPANDED CLEAT-ADJUSTMENT RANGE

All trail and enduro models offer a lengthened cleat-adjustment range to support a wider variety of riders and riding styles.

Size	Expanded
#36 - #39	+5 mm
#40 - #42	+6 mm
#43 - #45	+7 mm
#46 - #48	+8 mm
#49 - #52	+9 mm



HIGH-TRACTION RUBBER

Lugs on the outer edges provide excellent traction on the widest variety of terrains.



BEST MATCH
PD-M9020

BLACK
SH-ME700

GRAY
SH-ME700

SH-ME7

MULTI-CONDITION TRAIL/ENDURO SHOE FASTER WITH MORE CONTROL

- FEATURES**
- Combining the lightweight and pedaling effectiveness of a XC shoe with the durability, grip, and armor aggressive trail riders require
 - Reinforced armor provides great protection and excellent durability
 - Stretch Neoprene ankle collar offers additional protection from trail debris
 - Speed lacing system adapts to wide range of foot shapes with a secure fit
 - Super low-profile, reverse mount buckle securely holds foot
 - Extra-cushion insole
 - MICHELIN® high-performance, dual-density rubber outsole offers superior traction with unmatched durability, stability, and slip resistance

SIZE
• 38 - 50

8

375 g (SIZE 40)



BEST MATCH
PD-M8020

BLACK
SH-ME500

GRAY
SH-ME500

SH-ME5

TRAIL SPECIFIC SHOE THAT OFFERS EXCELLENT OFF BIKE TRACTION WITH STIFFNESS FOR EXCELLENT POWER TRANSFER

- FEATURES**
- Super low-profile, reverse mount buckle and Cross X-Strap securely holds foot
 - Extra-cushion insole
 - Dual density, durable rubber outsole offers traction in any conditions

SIZE
• 38 - 50

6

385 g (SIZE 40)



BEST MATCH
PD-M530, PD-M520

BLACK/WHITE
SH-ME300

BLACK/ORANGE
SH-ME300

GRAY/YELLOW
SH-ME300

ME3 NEW

VERSATILE OFF-ROAD SHOE DESIGNED TO PERFORM AND FUNCTION FLAWLESSLY ON AND OFF THE BIKE

- FEATURES**
- TORBAL midsole allows natural rider "flow" motion while riding
 - Low-profile reverse buckle and cross X-strap secure foot
 - Lightweight rubber outsole offers all-conditions traction
 - Glass fiber reinforced midsole for power transfer

SIZE
• 36 - 52
• Wide type size: 36 - 52

5

381 g (SIZE 42)



BEST MATCH
PD-M530, PD-M520

BLACK/WHITE
SH-ME200

GRAY/BLUE
SH-ME200

ME2 NEW

EXCEPTIONAL PERFORMANCE, DURABILITY, AND VALUE ARE COMBINED IN THIS ENTRY LEVEL MTB SHORT SHOE

- FEATURES**
- Three durable hook and loop straps for even and sure fit
 - Cross X-strap offers firm and stable foot hold during pedaling
 - Durable rubber tread offers excellent walking traction
 - Glass fiber reinforced midsole for power transfer

SIZE
• 36 - 50

5

365 g (SIZE 42)

GRAVITY

FOOTWEAR



THE SOLE OF AGGRESSIVE DOWNHILL RIDING.

Gravity riding is different. Downhill, all-mountain and freeride riders demand ruggedness, comfort and protection. SHIMANO's AM shoe program is focused on providing maximum control and confidence. All AM series footwear provides proven efficiency and performance with features and fit fine-tuned for the unique demands of gravity riding.

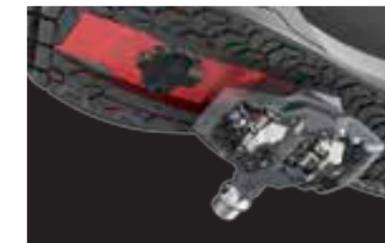
HIGH WALL PROTECTION

Reinforced sidewall protects your feet on aggressive gravity rides.

HIGH-TRACTION TREAD PATTERN

Increases traction for superior off-the-bike grip.

PEDAL CHANNEL



PEDAL CHANNEL

Provides more stable contact between shoe and pedal when clipped out.



EXPANDED CLEAT-ADJUSTMENT RANGE

Designed to be longer towards the back to support a wider variety of riding styles and preferences.

OPTIMIZED SHANK PLATE

Pro rider calibrated shank plate delivers optimal rigidity and bike control.

EVA MID SOLE

EVA foam construction reduces weight and boosts walking comfort.

GRAVITY SPECIFIC RUBBER

Special rubber compound maximizes grip and durability.



BEST MATCH
PD-M820, PD-M647

GRAY/BLUE
SH-AM901



AM9 **NEW**

FLAGSHIP DOWNHILL/ENDURO SPD SHOE WITH ADDED PROTECTION AND IMPROVED PEDAL CONTACT WHEN CLIPPED IN OR OUT

FEATURES

- Armored lace shield provides extra protection from debris
- Molded toe cap for additional toe protection
- Padded asymmetric ankle collar and sidewall sole for protection
- Speed lacing system allows fast, secure adjustments
- Pedal channel for stable shoe to pedal platform when not clipped in
- Ultra-grip rubber sole with toe and heel traction tread improve walking
- Materials absorb less water and dry quickly

SIZE
• 36 - 48



PEDAL CHANNEL



BEST MATCH
PD-M820, PD-M9020

GRAY/BLUE
SH-AM701



LIME GREEN
SH-AM701

AM7 **NEW**

VERSATILE DOWNHILL/ENDURO SPD SHOE WITH EXCEPTIONAL PEDALING PERFORMANCE

FEATURES

- Perforated synthetic upper with mesh for heat management
- Molded toe cap for additional toe protection
- Stretch mesh ankle collar offers additional debris protection
- Pedal channel for stable shoe to pedal platform when not clipped in
- Includes one pair of alternative color spare laces
- Ultra-grip rubber sole with toe and heel traction tread improve walking

SIZE
• 36 - 48



PEDAL CHANNEL



BEST MATCH
PD-M545, PD-M424

BLACK
SH-AM500



GRAY CAMO
SH-AM500

AM5

GRAVITY SHOES WITH A FOCUS ON STYLE, COMFORT AND PROTECTION

FEATURES

- Tough synthetic leather with raised rubber out sole for foot protection
- Asymmetric mid-top design and padded tongue protects your foot
- Hook & Loop single strap secures and protects your laces
- Ultra grip rubber sole with optimized stiff glass fiber reinforced shank plate
- Flat Insole

SIZE
• 36 - 48



PEDAL CHANNEL



MAKE FRIENDS WITH GRAVITY

Our GR series complements the AM series' offerings with shoes specifically designed for the demands of gravity-assisted riding. Riding flat pedals calls for even more interface between shoe and pedal. SHIMANO System Engineering is the only shoe + pedal designed from the ground up to meet the demands of the gravity rider.



TOE PROTECTION
Molded toecap for additional toe protection during aggressive downhill riding.

PLATFORM INTERFACE DESIGN

Optimized sole pattern provides excellent grip on both pedals and ground.

MICHELIN® OUTSOLE

MICHELIN® flat outsole specifically designed to SHIMANO specifications offers superb grip.



ASYMMETRICAL UPPER

Asymmetrically raised padded ankle collar and sidewall sole protect your foot.



SPEED LACING SYSTEM
Speed Lacing System allows fast, easy adjustments and a secure fit.

ARMOR FLAP

Quick lace with armor cover for added protection.

QUICK DRYING

Synthetic leather uppers absorb less water and dries quickly.



GRAY/GREEN
SH-GR900



BEST MATCH
PD-M828

GR9 NEW

PREMIER DOWNHILL/ENDURO SHOE FOR FLAT PEDALS WITH SUPERB GRIP, ENHANCED PROTECTION, AND WALKABILITY

FEATURES

- MICHELIN® rubber outsole for superb grip on pedal and ground
- Armored lace shield provides extra protection from debris
- Molded toe cap for additional toe protection
- Asymmetrically raised padded ankle collar and sidewall sole
- Speed lacing system allows fast, secure adjustments
- Materials absorb less water and dry quickly

SIZE

- 36 - 48



3



365 g
(SIZE 42)



GRAY/GREEN
SH-GR700



BEST MATCH
PD-M8040



BLUE
SH-GR700

GR7 NEW

VERSATILE ENDURO/TRAIL SHOE FOR FLAT PEDALS WITH SUPERB GRIP, ENHANCED PROTECTION, AND WALKABILITY

FEATURES

- MICHELIN® rubber outsole for superb grip on pedal and ground
- Perforated synthetic upper with mesh for heat management
- Molded toe cap for additional toe protection
- Stretch mesh ankle collar offers additional debris protection
- Includes one pair of alternative color spare laces
- Materials absorb less water and dry quickly

SIZE

- 36 - 48



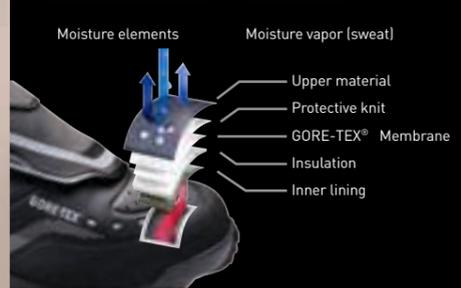
3



366 g
(SIZE 42)



SEVERE CONDITIONS FOOTWEAR



COLD WEATHER PROTECTION

SHIMANO MW7 winter shoes are engineered with GORE-TEX® Insulated Comfort technology for protection and comfort in cold weather conditions. Designed for riding in rain, snow, and cold, they combine durable waterproof construction and optimized breathability with the added warmth of insulation. This makes them an ideal solution for trail riders without an off-season.



GORE-TEX® and designs are trademarks of W. L. Gore & Associates



BLACK SH-MW700



MW7

TOUGH, INSULATED, WATERPROOF AND COMFORTABLE BUILT FOR RIDERS WITHOUT AN OFF-SEASON

FEATURES

- Waterproof GORE-TEX® Insulated Comfort liner for maximum comfort
- Lace shield design and high cut cover construction
- Insole with fleece liner for added insulation and heat retention
- 360-degree reflectivity for high visibility
- Torsional midsole "TORBAL" allows natural rider "flow" motion during downhill descents
- Rubber outsole improves grip in wet and slippery conditions

SIZE

- 38 - 48



BEST MATCH PD-M8020



450 g (SIZE 42)



BLACK SH-MW500



MW5

BUILT FOR RIDERS WITHOUT AN OFF-SEASON

FEATURES

- DRYSHIELD® membrane with fleece liner keeps feet warm and comfortable in rain, wind, cold and mud
- Insole with fleece liner for added insulation and heat retention
- Lace flap and neoprene ankle collar keep out water and dirt
- Speed lacing system allow fast, easy adjustments and a secure fit
- Adaptable cup insole with fleece liner
- Durable rubber tread offers excellent grip and traction

SIZE

- 38 - 48



BEST MATCH PD-M530, PD-M520



445 g (SIZE 42)





EXPLORER FOOTWEAR ROAD/CITY



BEST MATCH
PD-ED500, PD-T421

NAVY
SH-CT500



BLACK
SH-CT500



OLIVE
SH-CT500



ORANGE
SH-CT500

CT5 NEW

A UNIQUE AND VERSATILE CYCLING SHOE CLEVERLY DISGUISED AS AN URBAN SNEAKER

FEATURES

- Casual sneaker-style design for everyday cycling life
- Hidden inner shank plate transfers power to the pedals
- Shock absorbing EVA mid sole maximizes walking comfort
- Easy cleat installation
- Optimized for SPD and SHIMANO CLICK'R pedal systems

SIZE

- 36 - 48



342 g (suede)
332 g (mesh)
(SIZE 42)



BEST MATCH
PD-A600, PD-A520,
PD-ED500

BLACK
SH-RT500



NEW NAVY
SH-RT500

RT5

THE SMART AND VERSATILE ON-ROAD CYCLING SHOE

FEATURES

- Classic 3-strap styling, pedaling performance and walking comfort
- Three wide-strap closures for added upper rigidity
- Glass fiber reinforced shank plate for optimum sole rigidity
- Full length rubber sole enhances walking comfort
- Durable perforated synthetic leather upper designed to ensure a snug, secure fit
- Adaptable cup insole
- 360-degree reflectivity for high visibility in urban environments

SIZE

- 36 - 48



317 g
(SIZE 42)



BEST MATCH
PD-A600, PD-A520,
PD-ED500

GRAY
SH-RT400



DARK GRAY MELANGE
SH-RT400

RT4

THE SMART AND VERSATILE ON-ROAD CYCLING SHOE

FEATURES

- Classic lace-up styling, pedaling performance and walking comfort
- Simple lacing closure for even tension
- Glass fiber reinforced shank plate for optimum sole rigidity
- Full length rubber sole enhances walking comfort
- Durable supple synthetic leather/fabric upper designed to ensure a snug, secure fit
- Adaptable cup insole
- 360-degree reflectivity for high visibility in urban environments

SIZE

- 36 - 48



287 g
(SIZE 42)



EXPLORER FOOTWEAR CROSS MOUNTAIN



BEST MATCH
PD-M8020,PD-T8000

GRAY
SH-XM900



XM9 MULTI-SEASON, ALL-CONDITIONS ADVENTURE SHOES

FEATURES

- Flexible half length shank plate and shock absorbing EVA delivers trail walkability within a serious cycling shoe
- Mid-top design offers added stability, ankle protection and walking support
- Cup insole
- Breathable, waterproof GORE-TEX® performance Comfort FOOTWEAR liner keeps your feet dry
- Natural nubuck leather with reinforced rubber toe box for protection and durability
- Strategic ankle padding prevents debris from entering the shoe without interfering with pedaling movement

SIZE

• 36 - 48



579 g
(SIZE 42)



BEST MATCH
PD-M8020,PD-T8000

GRAY
SH-XM700



XM7 DURABLE CROSS MOUNTAIN ADVENTURE SHOES

FEATURES

- Flexible half length shank plate and shock absorbing EVA delivers outdoor walkability within a serious cycling shoe
- Cup insole
- VIBRAM® outsole provides superior grip and foot control in all conditions
- Lacing closure with top strap offers secure closure and snug fit
- Breathable, waterproof GORE-TEX® performance Comfort FOOTWEAR liner keeps your feet dry
- Natural nubuck leather with reinforced rubber toe box for protection and durability

SIZE

• 36 - 48



471 g
(SIZE 42)



DETAILS BUILT FOR ADVENTURE.

Materials and features that are built to take a beating while keeping you comfortable.

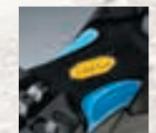


ALL-SEASON COMFORT

All-season performance, comfort, and weather protection. The GORE-TEX® membrane has more than 1.4 billion microscopic pores per square cm. Each pore is 20,000 times smaller than a drop of water so that no rain can penetrate it. At the same time it is 700 times larger than a water vapor molecule, so sweat can escape. In GORE-TEX® footwear your feet always stay dry and comfortable.



RUBBER TOE CAP
Reinforced rubber toecap provides durable protection.



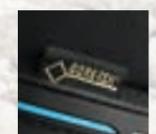
VIBRAM® OUTSOLE
Superior grip and stable footing in all conditions.



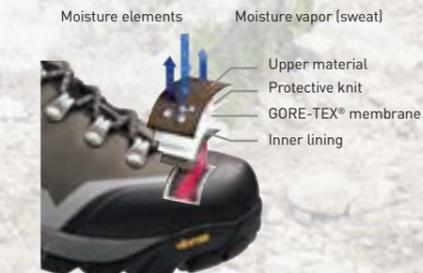
ENHANCED CLOSURE SYSTEM
Metal hook and lacing eyelet for secure lacing combined with the Mini Power Strap secures your foot to the insole.



MID-TOP DESIGN
Added stability, ankle protection, and walking support.



GORE-TEX®
Performance Comfort technology offers optimized climate comfort.



EXPLORER FOOTWEAR MOUNTAIN TOURING



EXPLORER SERIES FOOTWEAR



BEST MATCH
PD-M8020, PD-T8000



ORANGE
SH-MT700



OLIVE
SH-MT700

MT7 NEW

HIKEABLE CYCLING SHOE WITH BOA® CLOSURE OFFERS MOUNTAIN TOURING VERSATILITY

FEATURES

- Durable synthetic leather with reinforced rip-stop mesh for breathability
- Boa® L6 dial allows quick and precise micro-adjustment
- EVA midsole and rubber sole for pedaling efficiency, walking comfort
- Flexible half-length shank, shock absorbing EVA perform on and off bike

SIZE

- 36 - 48



S-PHRE

FOOTWEAR

PEDALS

APPAREL

ACCESSORIES

BAGS

EYEWEAR



BEST MATCH
PD-T8000, PD-M324

RED
SH-MT500



BLACK
SH-MT500

SH-MT5

MULTI-USE/TOURING SHOE

FEATURES

- Outdoor-style inspired cycling shoes combine the walkability of light hiking shoes with the performance of a MTB shoe
- Glass fiber reinforced shank plate for optimum sole rigidity
- EVA midsole and rubber sole enhance pedaling efficiency and walking comfort
- Flat insole
- One piece construction creates an upper with secure fit, increased durability, and lighter weight
- Speed lacing allow fast, easy adjustments and top strap offers additional adjustability

SIZE
• 36 - 48



335 g
(SIZE 42)



BEST MATCH
PD-T8000, PD-M324

BLACK
SH-MT300



BLUE
SH-MT300

SH-MT3

MULTI-USE/TOURING SHOE

FEATURES

- Designed for recreational on- and off-road cycling, the MT series are outdoor styled shoes designed for many riding styles
- Classic lace-up styling, designed for recreational on-or off-road pedaling performance with excellent walking comfort
- Flat insole
- One piece construction creates an upper with a secure fit, increased durability, and lighter weight

SIZE
• 36 - 48



330 g
(SIZE 42)



BEST MATCH
PD-A530, PD-M324

GRAY
SH-SD500



SH-SD5

SPD CYCLING SANDAL

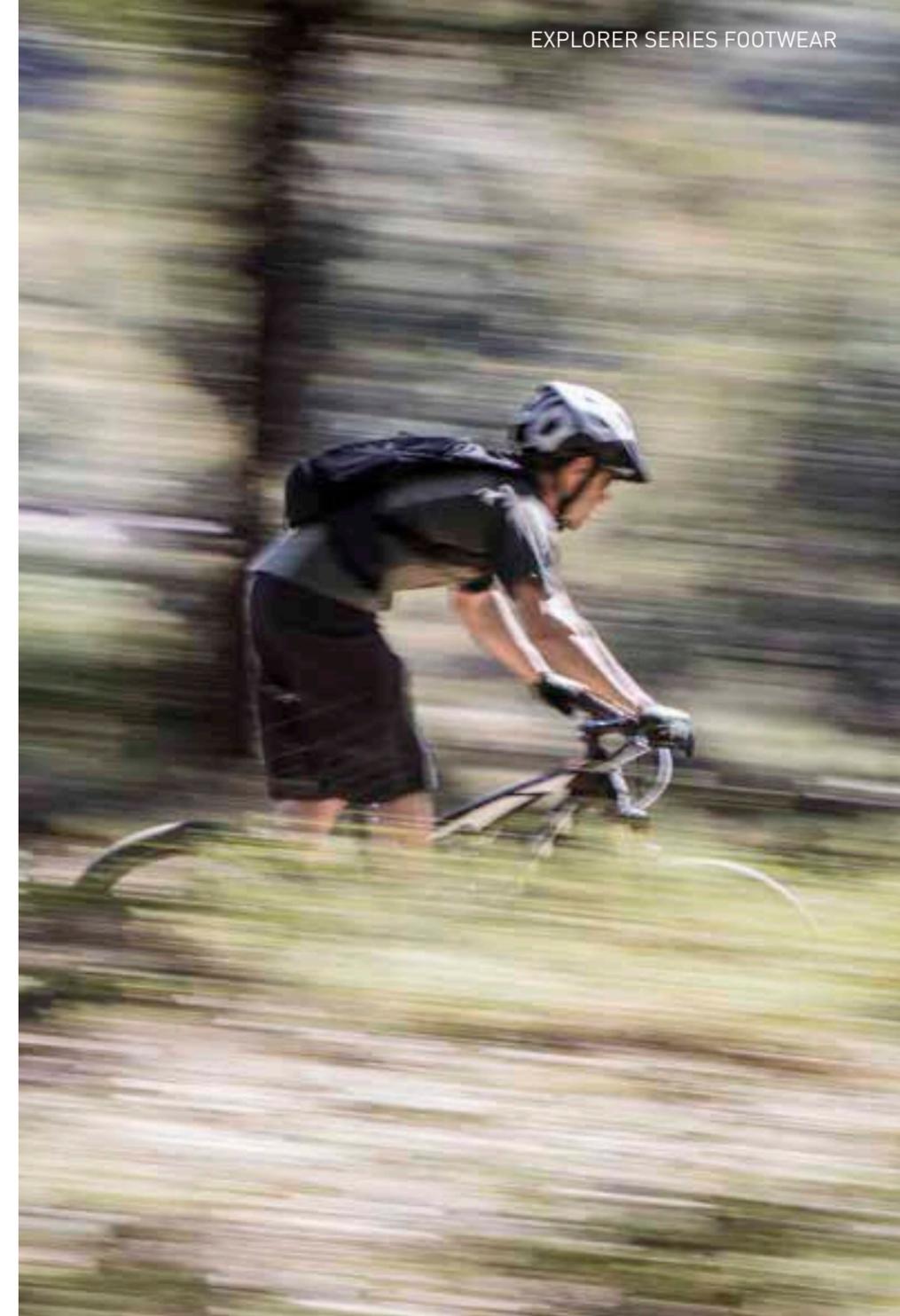
FEATURES

- A great choice for casual riding with pedaling efficiency in seasonal weather
- Flat foot bed for long distance comfort
- Glass fiber reinforced shank plate for optimum sole rigidity
- Wide, stable rubber sole for comfortable riding and walking
- Durable synthetic leather upper with moisture control mesh layering
- Classic dual strap design for an efficient, secure, comfortable fit

SIZE
• 37/38 - 47/48



387 g
(SIZE 42)



WOMEN

FOOTWEAR

PURPOSEFUL DESIGN WITH CURVE APPEAL

SHIMANO women's lasts and 3D design are specifically tailored around the exacting needs of a women's foot. We know women want cycling footwear that delivers all the performance as the men's counterpart, yet with the style and fit specifically designed for female riders. And that's exactly what SHIMANO delivers.

PERFORMANCE PLUS STYLE

The RP7W sets the benchmark for what SHIMANO Women's footwear program delivers. Performance, style, comfort, and efficiency.

TOP OF THE LINE

The new RP7W is our women's specific flagship road endurance cycling shoe.

HIGH-PERFORMANCE

Road endurance specific ultra-light carbon composite outsole with Stiffness Level 9.

COMFORT FIT

Supple synthetic leather with perforated venting for superior comfort.

ULTRA LIGHTWEIGHT

Lightweight efficiency, only 217 grams (Size 40).

EXTERNAL HEEL CUP

External curved heel cup stabilizes and holds the foot firmly in place.

THE BOA® SYSTEM

Micro-adjust Boa® L6 dial with hidden wire guides.



BEST MATCH
PD-R8000

GRAY
SH-RP700 WOMEN



RP7 WOMEN

NEW

FLAGSHIP WOMEN'S ROAD PERFORMANCE SHOE DELIVERS UNPARALLELED COMFORT AND EFFICIENT PERFORMANCE FOR LONGER RIDES

FEATURES

- Supple, perforated high-density synthetic leather for superior fit
- Light carbon composite outsole for optimized long ride stiffness
- Micro-adjustable Boa® L6 dial with hidden wire routing
- Women's specific fit for a more natural, comfortable fit
- External curved heel cup secures the heel and foot

SIZE

- 36, 37 - 44 in half sizes



BOA
SHIMANO DYNALAST



BEST MATCH
PD-5800

WHITE
SH-RP501 WOMEN



NAVY
SH-RP501 WOMEN

RP5 WOMEN

NEW

NIMBLE AND ROBUST PERFORMANCE BUILT SPECIFICALLY FOR THE ASPIRING WOMAN RIDER

FEATURES

- Seamless one-piece upper for ideal fit and all-day comfort
- Light carbon fiber reinforced nylon sole for power transfer
- Micro-adjustable Boa® L6 dial with hidden wire routing
- Women's specific fit for a more natural, comfortable fit
- Durable, wide heel pads provide walking stability
- Optimum linkage of air flow over upper, insole, and outsole

SIZE

- 36 - 44



BOA
SHIMANO DYNALAST

WOMEN'S FOOTWEAR

S-PHRE

FOOTWEAR

PEDALS

APPAREL

ACCESSORIES

BAGS

EYEWEAR



BEST MATCH
 PD-R550, PD-R540,
 PD-R540-LA, PD-A520*
 *SPD pedals can be used
 only with SPD cleats with
 the adapter SM-SH40

BLACK
 SH-RP300 WOMEN



WHITE
 SH-RP300 WOMEN

RP3 WOMEN

A COMFORTABLE AND EFFICIENT RECREATIONAL SHOE WITH EXPERT-LEVEL FEATURES

FEATURES

- Secure closure, two hook & loop straps plus a buckle for a firm fit
- Off-set Strap relieves tension at highest point of the foot
- Supple padded tongue feels great
- Women's specific fit for more natural, comfortable fit
- Lightweight glass fiber reinforced nylon sole for power transfer
- Indoor cycling friendly SPD and SPD-SL cleat compatible
- Adaptable Cup Insole

SIZE

- 35 - 44



264 g
 (SIZE 40)



SHIMANO DYNALAST



BEST MATCH
 PD-R550, PD-R540,
 PD-R540-LA, PD-A520*
 *SPD pedals can be used
 only with SPD cleats with
 the adapter SM-SH40

BLACK
 SH-RP200 WOMEN



WHITE
 SH-RP200 WOMEN

RP2 WOMEN

ESSENTIAL PERFORMANCE SHOE FOR LONG CLUB RIDES AND RECREATION RIDING

FEATURES

- 3 durable hook & loop straps spread tightening force across the top of the foot
- Off-set Strap relieves tension at highest point of the foot
- Extra cushioned tongue for added comfort
- Women's specific fit for a more natural, comfortable fit
- Lightweight glass fiber reinforced nylon sole for power transfer
- Indoor cycling friendly SPD and SPD-SL cleat compatible
- Adaptable Cup Insole

SIZE

- 36 - 44



255 g
 (SIZE 40)



SHIMANO DYNALAST



BEST MATCH
 PD-R9100

WHITE
 SH-TR900 WOMEN



TR9 WOMEN

WOMEN'S ELITE TRIATHLON SHOE DESIGNED TO QUICKEN TRANSITIONS AND OPTIMIZE PEDAL POWER

FEATURES

- T1-Quick strap and extra-wide collar simplifies foot entry and quickens transitions
- Asymmetrical heel loop to quickly secure the shoe during transitions
- 3D breathable mesh for optimal ventilation
- Anatomical toe cap with air intake maintains rigidity and breathability
- Women's specific fit for a more natural, comfortable fit
- Lightweight, super-stiff carbon fiber composite sole efficiently transfers power
- Dual Density Cup Insole

SIZE

- 36 - 44



251 g
 (SIZE 40)



SHIMANO DYNALAST



BEST MATCH
 PD-5800

WHITE
 SH-TR500 WOMEN



TR5 WOMEN

TRIATHLON PERFORMANCE SHOE DESIGNED TO QUICKEN TRANSITIONS AND OPTIMIZE POWER

FEATURES

- T1-Quick strap and extra-wide collar simplifies foot entry and quickens transitions
- Asymmetrical heel loop makes it easier to get your finger through the loop to quickly secure the shoe during transitions
- 3D breathable mesh for optimal ventilation
- Women's specific fit for a more natural, comfortable fit
- Lightweight glass fiber reinforced nylon sole
- SPD-SL and SPD cleat compatibility
- Adaptable Cup Insole

SIZE

- 36 - 44



247 g
 (SIZE 40)



SHIMANO DYNALAST



BEST MATCH
PD-M8040

GRAY/MINT
SH-GR700W



GR7W NEW

VERSATILE WOMEN'S ENDURO/TRAIL SHOE FOR FLAT PEDALS WITH SUPERB GRIP, ENHANCED PROTECTION, AND WALKABILITY

FEATURES

- MICHELIN® rubber outsole for superb grip on pedal and ground
- Perforated synthetic upper with mesh for heat management
- Molded toe cap for additional toe protection
- Stretch mesh ankle collar offers additional debris protection
- Includes one pair of alternative color spare laces
- Materials absorb less water and dry quickly

SIZE

- 36 - 44



3



349 g
(SIZE 40)



WOMEN

EXPLORER FOOTWEAR



WOMEN'S FOOTWEAR



BEST MATCH
PD-ED500, PD-T421

NAVY
SH-CT500 WOMEN



BLACK
SH-CT500 WOMEN



MINT
SH-CT500 WOMEN

CT5 WOMEN NEW

A UNIQUE AND VERSATILE CYCLING SHOE CLEVERLY DISGUISED AS AN URBAN SNEAKER

FEATURES

- Casual sneaker-style design for everyday cycling life
- Hidden inner shank plate transfers power to the pedals
- Shock absorbing EVA mid sole maximizes walking comfort
- Easy cleat installation
- Optimized for SPD and SHIMANO CLICK'R pedal systems

SIZE

- 36 - 44



2



326 g
(SIZE 40)



S-PHRE

FOOTWEAR

PEDALS

APPAREL

ACCESSORIES

BAGS

EYEWEAR



BEST MATCH
PD-A600, PD-A520, PD-ED500

WHITE
SH-RT500 WOMEN



BROWN
SH-RT500 WOMEN

RT5W

THE SMART AND VERSATILE ON-ROAD CYCLING SHOE

- FEATURES**
- Classic 3-strap styling, pedaling performance and walking comfort
 - Three wide-strap closures for added upper rigidity
 - Glass fiber reinforced shank plate for optimum sole rigidity
 - Full length rubber sole enhances walking comfort
 - Durable perforated synthetic leather upper designed to ensure a snug, secure fit
 - High density cup insole
 - 360-degree reflectivity for high visibility in urban environments

SIZE
• 36 - 44



277 g
(SIZE 40)



BEST MATCH
PD-A600, PD-A520, PD-ED500

NEW GRAY MELANGE/MINT
SH-RT400 WOMEN



PURPLE MELANGE
SH-RT400 WOMEN



WHITE
SH-RT400 WOMEN

RT4W

THE SMART AND VERSATILE ON-ROAD CYCLING SHOE

- FEATURES**
- Classic lace-up styling, pedaling performance and walking comfort
 - Simple lacing closure for even tension
 - Glass fiber reinforced shank plate for optimum sole rigidity
 - Full length rubber sole enhances walking comfort
 - Durable supple synthetic leather/fabric upper designed to ensure a snug, secure fit
 - High density cup insole
 - 360-degree reflectivity for high visibility in urban environments

SIZE
• 36 - 44



254 g
(SIZE 40)



BEST MATCH
PD-T800, PD-M324

BLACK/GREEN
SH-MT500 WOMEN



SH-MT5W

MULTI-USE/TOURING SHOE

- FEATURES**
- The high-performance off-road cycling shoe with walkability of light hiking shoes.
 - Glass fiber reinforced shank plate for optimum sole rigidity
 - EVA midsole and rubber sole enhance pedaling efficiency and walking comfort
 - Flat insole
 - One-piece construction creates an upper with secure fit, increased durability, and lighter weight.
 - Speed lacing allow fast, easy adjustments, top strap offers additional adjustability.

SIZE
• 36 - 44



335 g
(SIZE 40)



BEST MATCH
PD-T8000, PD-M324

BLACK/GREEN
SH-MT300 WOMEN



SH-MT3W

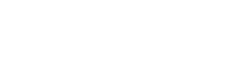
MULTI-USE/TOURING SHOE

- FEATURES**
- Designed for recreational, on- and off-road cycling
 - Classic lace-up styling, designed for recreational on- or off-road pedaling performance with excellent walking comfort
 - Flat insole
 - One piece construction creates an upper with a secure fit, increased durability, and lighter weight

SIZE
• 36 - 44



330 g
(SIZE 40)



INSOLES

CUSTOM-FIT INSOLE (RC9)

DUAL DENSITY AND HEAT-MOLDABLE, CUSTOM-FITTING INSOLE DISPERSE PRESSURE OF THE PLANTAR EVENLY, IMPROVE POWER TRANSMISSION AND INCREASE COMFORT. ADAPTABLE ARCH PADS OPTIMIZE ARCH SUPPORT. ANTI-SLIP SURFACE KEEP YOUR FEET IN RIGHT PLACE AND SUPPORT PEDALING EFFICIENCY.

COMPATIBLE WITH

For SH-RC900/R321/R320/R315/R310/RP901/RP900/R260/R241/R240/R191/R190/RC700/R171/R170/R133/R132/RP501/RP501 WOMEN/RP500/RP500 WOMEN/R107/R106/R105/RP300/RP300 WOMEN/R088/R087/RP200/RP200 WOMEN/R078/R077/RP100/R065/R064/RW500/TR900/TR900 WOMEN/TR60/TR52/TR500/TR500 WOMEN/TR32/TR31/RT82/RT33/RT32/XC900/XC90/XC70/XC700/XC61/XC60/XC500/XC500 WOMEN/XC51/XC51N/XC50/XC50N/XC31/M315/M310/M240/MW81/MW500/MT91/MT71/MT54/RT500/RT500 WOMEN/RT400/RT400 WOMEN/WR84/WR83/WR82/WR81/WR62/WR61/WR60/WR42/WR41/WR32/WR31/WT60/WT52/WM83/WM53/WF23/FN23

S-PART NO.

- ESM5HRC900INCF(size)

AVAILABLE SIZES

- 36 - 37.5, 38 - 39.5, 40 - 41.5, 42 - 43.5, 44 - 45.5, 46 - 47.5, 48 - 50

HIGH DENSITY CUP INSOLE WITH ADAPTABLE ARCH PADS(RP901)

DURABLE HIGH DENSITY FOAM. CURVED CUP INSOLE WITH ADAPTABLE ARCH PADS OPTIMIZES LATERAL ANGLE OF HEEL BONE. SILVADUR™ INTELLIGENT FRESHNESS STAY FABRIC FRESHER LONGER.

COMPATIBLE WITH

For SH-RC900/RC700/PR901/RP501/RP501 WOMEN/XC900/XC700/MW500/RT500/RT500 WOMEN/RT400/RT400 WOMEN

S-PART NO.

- ESM5HRP901IN(size)

AVAILABLE SIZES

- 36 - 38, 39 - 40, 41 - 42, 43 - 44, 45 - 46, 47 - 48, 49 - 50

DUAL DENSITY CUP INSOLE(TR9)

THE CUP SHAPE OF THIS INSOLE SERVES TO OPTIMIZE THE HEEL ANGLE AND ENSURE STABILITY WHILE PEDALING. THIS INSOLE IS EQUIPPED WITH A HARD, HIGH-DENSITY, AND HIGHLY DURABLE EVA HEEL CUP.

COMPATIBLE WITH

For SH-RC900/R321/R320/R315/R310/RP901/RP900/R260/R241/R240/R191/R190/RC700/R171/R170/R133/R132/RP501/RP501 WOMEN/RP500/RP500 WOMEN/R107/R106/R105/RP300/RP300 WOMEN/R088/R087/RP200/RP200 WOMEN/R078/R077/RP100/R065/R064/RW500/TR900/TR900 WOMEN/TR60/TR52/TR500/TR500 WOMEN/TR32/TR31/RT82/RT33/RT32/XC900/XC90/XC70/XC700/XC61/XC60/XC500/XC500 WOMEN/XC51/XC51N/XC50/XC50N/XC31/M315/M310/M240/MW81/MW500/MT91/MT71/MT54/RT500/RT500 WOMEN/RT400/RT400 WOMEN/WR84/WR83/WR82/WR81/WR62/WR61/WR60/WR42/WR41/WR32/WR31/WT60/WT52/WM83/WM53/WF23/FN23

S-PART NO.

- ESM5HTR900IN(size)

AVAILABLE SIZES

- 36 - 50

UNIVERSAL INSOLE

FIRM, HIGH BREATHABILITY INSOLE. EVA MOLDED CRADLE AND ARCH SUPPORT. FIT WITH CURVED LAST SHOES.

COMPATIBLE WITH

For SH-R087/R086/R077/R076/R064/R063/RW80/TR71/TR70/TR52/TR51/TR31/RT82/RT81/RT52/RT33 / RT32/RT31/M230/M183/M183N/XC50/XC50N/XC30/M088/M087/M084/ME200/ME200 WOMEN/M077/M076/M065/M064/M063/MW81/MW80/AM700/AM41/AM40/AM31/MP90/XM900/XM700/MT91/MT71/MT54/MT60/MT53/MT52/MT43/MT42/MT33/MT32/MT23/MT22/FN23

S-PART NO.

- ESM5HUNCPISN(size)

AVAILABLE SIZES

- 36 - 50

WOMEN'S INSOLE

FIRM, HIGH BREATHABILITY INSOLE. EVA MOLDED CRADLE AND ARCH SUPPORT. FIT WITH CURVED LAST SHOES.

COMPATIBLE WITH

For SH-WR41/WR40/WR35/WR31/WT52/WT51/WM82/WM81/WM62/WM61/WM51/WM50/WM43/WM41/WF23

S-PART NO.

- ESM5HWUNCPIS(size)

AVAILABLE SIZES

- 36 - 44

DUAL DENSITY EXTRA-CUSHION INSOLE (M200)

THE CUP SHAPE OF THIS INSOLE SERVES TO OPTIMIZE THE HEEL ANGLE AND ENSURE STABILITY WHILE PEDALING. THIS INSOLE IS EQUIPPED WITH A HARD, HIGH-DENSITY, AND HIGHLY DURABLE EVA HEEL CUP. CUSHIONING IN THE HEEL SECTION PROVIDES ADDED COMFORT WHEN WALKING.

COMPATIBLE WITH

For SH-ME700/ME500/M200/M163/ME300/ME300 WOMEN/M089/M162/M161/M123/AM51/MW700/WM64

S-PART NO.

- ESM5HM200CPIN(size)

AVAILABLE SIZES

- 36 - 38, 39 - 40, 41 - 42, 43 - 44, 45 - 46, 47 - 48, 49 - 50

CT/UT INSOLE

THIS INSOLE INCORPORATES SHOCK-ABSORBING EVA TO ENHANCE COMFORT WHILE WALKING.

COMPATIBLE WITH

For SH-CT80/CT71/CT70/CT46/CT45/CT41/CT40/UT70/CW41/CW40

S-PART NO.

- ESM5HCT70IN(size)

AVAILABLE SIZES

- 36 - 48

AM/MT INSOLE

THIS INSOLE FEATURES GROOVES ON THE FRONT AND BACK THAT ARE DESIGNED TO ADAPT TO VARIOUS FOOT SHAPES AND RIDING CONDITIONS.

COMPATIBLE WITH

For SH-AM901/AM900/AM701/AM500/GR900/GR700/GR700 WOMEN/MT700/MT500/MT500 WOMEN/MT300/MT300 WOMEN/MT44/MT34/WM34/CT500/CT500 WOMEN

S-PART NO.

- ESM5HAM900IN(size)

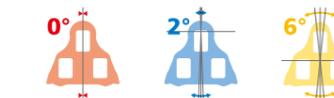
AVAILABLE SIZES

- 36 - 38, 39 - 40, 41 - 42, 43 - 44, 45 - 46, 47 - 48

CLEATS



SPD-SL RELEASING ANGLE



SM-SH10

SM-SH12

SM-SH11

SM-SH10/11/12 SPD-SL CLEATS

S-PART NO.

- SM-SH10 (fixed type) Y42U98020
- SM-SH11 (6 degree float type) Y42U98010
- SM-SH12 (2 degree front center pivoting type) Y40B98140



SPD-SL CLEAT BOLTS



S-PART NO.

- Y42U14200 (Normal)
- Y42U98070 (Medium)
- Y42U98060 (Long)

SIZES

- Normal [M5x8 mm] 1 pc
- Medium [M5x10 mm] 6 pcs
- Long [M5x13.5 mm] 6 pcs



SM-SH20 CLEAT SPACERS

STACKABLE CLEAT SPACERS THAT PROVIDE BETWEEN 1 MM AND 5 MM OF HEIGHT-ADJUSTMENT RANGE



COMPATIBLE WITH

SM-SH10/SH11/SH12

S-PART NO.

- Y40B98150

SIZES

- 1 mm spacer 1 pc
- 2 mm spacer 2 pcs
- M5x10 mm bolt 3 pcs
- M5x13.5 mm bolt 3 pcs

SM-SH45 SPD-SL CLEAT COVERS



S-PART NO.

- ESM5H45

CLEAT HOLE SPACER



COMPATIBLE WITH

SH-M200/M163/M089/ME700/ME500/M163/M089

S-PART NO.

- ESM5HM200CHS



SM-SH51 SPD CLEATS

SINGLE DIRECTION RELEASE AND "EASY STEP-IN" FEATURE.

S-PART NO.

- Y42498220
- Y42498201 (without cleat nut)



SM-SH56 SPD CLEATS

MULTI-DIRECTIONAL RELEASE EXCEPT FOR PD-M858

S-PART NO.

- Y41598092
- Y41598100 (without cleat nut)



CLEAT NUT

COMPATIBLE WITH SM-SH51/52/55/56

S-PART NO.

- Y4L0E0400 (1 pc)



SPD CLEAT SPACERS

S-PART NO.

- YL8098030



SM-SH40 SPD CLEAT ADAPTERS

DURABLE, NON-SLIP PU COATING ON PONTOON. LONG CLEAT MOUNT BOLTS AND NON-TURN BOLTS ARE INCLUDED.

COMPATIBLE WITH

SH-RP500/R107/RP300/R088/RP200/R078/R065/R064/TR500/TR32/TR31/RW500/RP500 WOMEN/WR62/RP300 WOMEN/WR42/RP200 WOMEN/WR32/TR500 WOMEN

S-PART NO.

- ESM5H40M (without cleat)
- ESM5H4051M (with SM-SH51)
- ESM5H4056M (with SM-SH56)



SM-SH41 SPD CLEAT ADAPTERS NEW

SIMPLE ADAPTER WITH MINIMUM CLEAT ADJUSTABLE RANGE.

EXPAND SPD COMPATIBILITY OF ROAD SHOES.

For all SHIMANO 3-hole outsoles

S-PART NO.

- ESM5H41



CLEAT CAP

COMPATIBLE WITH SH-XM900/M700/MT71/MT700/MT54/MT53/MT500/MT500 WOMEN/MT44/MT43/MT300/MT300 WOMEN/MT34/MT33/WM43/WM34/SD50/CT80/CT71/CT70/CT46/CT45/CT41/CT40/UT70/CW41/CW40

S-PART NO.
• ESMHMT33CC



CLEAT CAP **NEW**

COMPATIBLE WITH SH-CT500/CT500 WOMEN

S-PART NO.
• ESMHCT500CC



SPD SEAL

WATERPROOF SEAL FOR SPD

S-PART NO.
• ESMHME700SEAL



REPLACEABLE HEEL PADS

COMPATIBLE WITH SH-RC900

S-PART NO.
• ESMHRC900HP

BUCKLES & STRAPS



ADAPTABLE BUCKLES & STRAP SET

COMPATIBLE WITH SH-R321/R171/RP900/RP500/RP500 WOMEN/WR84

S-PART NO.
• BLACK : ESMSHR321ABSSL2
• WHITE : ESMSHR321ABSSW2



BUCKLE SET

COMPATIBLE WITH SH-ME700/ME500/ME300/ME300 WOMEN

S-PART NO.
• BLACK : ESMHME700BSSL



BOA IP1 REPAIR KIT 2 DIALS

TWO DIALS FOR RIGHT, OR TWO DIALS FOR LEFT.



COMPATIBLE WITH SH-RC900

S-PART NO.
• BLUE : ESMSHRC900BOAB(L/R)
• WHITE : ESMSHRC900BOAW(L/R)
• YELLOW : ESMSHRC900BOABY(L/R)
• BLACK : ESMSHRC900BOAL(L/R)



COMPATIBLE WITH SH-XC900

S-PART NO.
• BLUE : ESMSHXC900BOAB(L/R)
• BLACK : ESMSHXC900BOAL(L/R)
• YELLOW : ESMSHXC900BOAY(L/R)



BOA IP1 REPAIR KIT 1 DIAL

RIGHT OR LEFT



COMPATIBLE WITH SH-RC700/XC700

S-PART NO.
• BLACK : ESMSHRCXC7BOAL(L/R)
• WHITE : ESMSHRC700BOAW(L/R)



COMPATIBLE WITH SH-RP901

S-PART NO.
• WHITE : ESMSHRP901BOAW(L/R) **NEW**
• BLACK : ESMSHRP901BOAL(L/R) **NEW**
• NAVY : ESMSHRP901BOAN(L/R) **NEW**
• BLUE : ESMSHRP901BOAB(L/R) **NEW**



BOA L6 REPAIR KIT 1 DIAL **NEW**



COMPATIBLE WITH SH-RP700 WOMEN/MT700/RP501/RP501 WOMEN/MT700

S-PART NO.
• GRAY : ESMSHRP7PBOAWG(L/R) **NEW**
• BLACK : ESMSHRP501BOAL(L/R) **NEW**
• WHITE : ESMSHRP501BOAW(L/R) **NEW**



The Boa® System dials and laces guaranteed for the lifetime of the product on which they are integrated. For more information about THE BOA® GUARANTEE and order, please visit Boa® Technology website <https://www.theboasystem.com/support>



LOW PROFILE BUCKLES & STRAP SET

COMPATIBLE WITH SH-R320/R315/R260/R241/R170/R107/RP300/RP300 WOMEN/XC90/XC70/XC61/XC51/XC51N/M315/M200/M163/M089/WR83/WR62/WM83/WM64

S-PART NO.
• R315 type (color matching type) : ESMHLOBWSS
• BLACK/BLACK : ESMHLOLBLSS



LARGE BUCKLES & STRAP SET

COMPATIBLE WITH SH-R310/R300/R191/R240/R220/R190/M310/M300/M240/M230/XC60/XC50/XC50N/WR82/WR81/WR80/WM82

S-PART NO.
• Universal : ESHUNILBS
• R310/M310 type (color matching type) : ESHRM310BS



SMALL BUCKLES & STRAP SET

COMPATIBLE WITH SH-R215/R133/R132/R131/R130/R106/R088/R087/R086/R085/RT82/RT81/RT80/WR61/WR42/WR41/WR40/M225/M183/M182/M181/M162/M161/M088/M087/M086/WM81/WM80/WM63/WM62/WM61

S-PART NO.
• Universal : ESHUNISBS
• BLACK/BLACK : ESMHUNISBSL



SPEED LACING PARTS KIT

COMPATIBLE WITH SH-MT54/MT44/CT71/CT46/MT500/MT500 WOMEN/M200/MW700/RW500/MW500/AM901/GR900/ME700

S-PART NO.
• ESMHMT44SLK(SH-MT54/MT44/CT71/CT46/MT500/MT500 WOMEN)
• ESMHMT200SLK(SH-M200/MW700/RW500/MW500/AM901/GR900/ME700)



MINI POWER STRAP SET

COMPATIBLE WITH SH-MT91

S-PART NO.
• ESMHMT91MPS(size)



COMPATIBLE WITH SH-XM900

S-PART NO.
• ESMHXM900MPS(size)



COMPATIBLE WITH SH-XC500/SH-XC500 WOMEN

S-PART NO.
• ORANGE : ESMSHXC5PMGMPS **NEW**
• BLACK : ESMSHXC5PMLMPS **NEW**
• MAGENTA : ESMSHXC5PWGMPS **NEW**

SPIKES & ACCESSORIES



REMOVABLE TOE SPIKES(18 MM HEIGHT)

18 MM HEIGHT TOE SPIKE FOR XC900/XC700, LIGHTWEIGHT, HIGH TRACTION IN MUDDY GROUND.

COMPATIBLE WITH SH-XC900/XC700

AM515-PART NO.
• ESMHXC900SPIKE



REMOVABLE TOE SPIKES(10 MM HEIGHT)

COMPATIBLE WITH SH-XC900/XC90/XC70/XC700/XC61/XC60/XC500/XC500 WOMEN/XC51/XC51N/XC50/XC50N/M315/M310/M240/M230/M183/M182/M162/M161/M123/MW81/WM83/WM82/WM81/WM80/AM51

S-PART NO.
• ESHM225SPIKE



REMOVABLE TOE SPIKES(7.5 MM HEIGHT)

COMPATIBLE WITH SH-XC900/XC90/XC70/XC700/XC61/XC60/XC500/XC500 WOMEN/XC51/XC51N/XC50/XC50N/M315/M310/M240/M230/M183/M182/M162/M161/M123/MW81/WM83/WM82/WM81/WM80/AM51

S-PART NO.
• ESMHXC90SPIKE



LOW PROFILE RESIN SPIKES

COMPATIBLE WITH SH-XC900/XC90/XC70/XC700/XC61/XC60/XC500/XC500 WOMEN/XC51/XC51N/XC50/XC50N/M315/M310/M240/M230/M183/M182/M162/M161/M123/MW81/WM83/WM82/WM81/WM80/AM51

S-PART NO.
• ESMHXC60SPIKER



SPIKE PLUGS

COMPATIBLE WITH SH-XC900/XC90/XC70/XC700/XC61/XC60/XC500/XC500 WOMEN/XC51/XC51N/XC50/XC50N/M315/M310/M240/M230/M183/M182/M162/M161/M123/MW81/WM83/WM82/WM81/WM80/AM51

S-PART NO.
• ESHM230SPIKE



CLEAT NUT SET

COMPATIBLE WITH SH-RC900

S-PART NO.
• ESMHRC900CLNT

COMPATIBLE WITH SH-R320/R321

S-PART NO.
• ESMSHR321CLNT

COMPATIBLE WITH SH-RP901/RP900/R260/RC700/R171/R170/RP501/RP501 WOMEN/TR900/TR900 WOMEN/TR60/WT60

S-PART NO.
• ESMHTR900CLNT

(ESMSHRC900CLNT)

FOOTWEAR ICONS

FEATURES

BREATHABLE NATURAL LEATHER A perfect match with GORE-TEX® performance comfort footwear	MICROFIBER SYNTHETIC LEATHER Supple, light yet stretch-resistant material	SYNTHETIC LEATHER Lighter, stronger and more durable than natural leathers
OFFSET STRAPS Asymmetric straps relieve pressure points	CROSS X STRAP Strap design optimized for relieving tension in foot during push off motion	REINFORCED SPIKE MOUNT Reinforced spike mount for extreme conditions
EXTERNAL HEEL CUP External curved heel cup suppresses foot twist and roll	LOW PROFILE REVERSE BUCKLE Reliable and secure adjustment closure	SPEED LACING Allow fast, easy adjustment for a secure fit
ADJUSTABLE BUCKLE MOUNT Two-position buckle to accommodate more foot shapes	QUICK STRAPS For fast triathlon transitions	MINI POWER STRAP Provides leverage and holding power in critical areas
CARBON SOLE / MID SOLE Carbon fiber composite sole / mid sole	HOLLOW-CHANNEL Lightweight, ultra-rigid hollow outsole	AIR INTAKE Integrated air intake and exhaust system
LADDER SHAPE Mid-sole design for comfortable walking	CUSHION INSOLE For shock absorption	CARBON PLATE Inserted in ball-grid section
HARDER CONTACT BLOCK Promotes stability and pedaling efficiency	WIDER CLEAT ADJUSTMENT Expands range for mounting cleats	WIDER CLEAT ADJUSTMENT Expands range for mounting cleats
COMPATIBLE WITH SPD AND SPD-SL		

TECHNOLOGIES

SHOES AND PEDALS RECOMMENDED USE IDENTIFICATION

ROAD ON ROAD	TT TIME TRIAL	Tri TRIATHLON	COMPETITION
FHB FLAT HANDLE BAR/ROAD BIKE	XC XC RACE	XC CROSS COUNTRY	CX CYCLO CROSS
GRAVEL GRAVEL ROAD	ENDURO ENDURO	TR TRAIL	X-ALPS CROSS ALPS
AM ALL MOUNTAIN	FR FREE RIDE	DH DOWN HILL	BMX BMX
TREKKING	CASUAL CASUAL MTB	CITY CITY BIKE	WOMEN'S FIT

SIZING CHARTS

MEN'S FOOTWEAR



WOMEN'S FOOTWEAR



TECHNOLOGIES	P. 120
ROAD	P. 122
OFF-ROAD	P. 126
EXPLORER SERIES	P. 136
ACCESSORIES	P. 142
ICONS	P. 143

2018

S-PHYRE
 FOOTWEAR
PEDALS
 APPAREL
 BAGS
 EYEWEAR

THE PEDAL SYSTEM THAT CHANGED CYCLING FOREVER



POWER TO THE PEDAL

At SHIMANO, "Power to the Pedal" is not a catch phrase, it's an obsession. Footwear and pedals designed together and engineered as a system, create a holistic outcome. Our pedal engineers collaborate with footwear experts to create the only shoe and pedal combination designed from the ground up to perform for each rider and their unique demands.

And true to SHIMANO's System Engineering philosophy, each combination of footwear and pedals — from SPD-SL, SPD, and CLICK'R, to the Platform Series — offers optimized biomechanics, engineering excellence, material selection, and craftsmanship to increase rider efficiency and confidence.



SPD-SL

POWER TRANSFER AND PEDALING EFFICIENCY PROVEN BY WORLD-CLASS RACERS

The SPD-SL pedal system delivers a seamless shoe + pedal interface for more efficient power transfer under extreme pedaling loads, with a wide cleat design for stability on or off the bike.

EXTRA-WIDE PLATFORM

The extra-wide platform dramatically expands the contact point between the cleat and pedal providing a solid connection when standing on the pedals.

SPRING TENSION ADJUSTMENT

SPD-SL pedals support three different ranges of spring-tension adjustment. Standard, Light Action, and Wide settings allow an optimal range to suit your individual preference and usage situation.



SPD

WALK AND RIDE PERFORMANCE FOR EVERY CONDITION

SPD delivers greater efficiency, increased stability, and added comfort both on and off the bike in the most challenging conditions, while recessed cleats make walking easy.

ADJUSTABLE ENTRY AND TENSION RELEASE

Adjustable tension allows the cleat to be set to each rider's preference.

MUD-SHEDDING DESIGN

An open-binding mechanism and refined axle-body housing allows mud and debris to be pushed out when the rider steps in.

CARTRIDGE SPINDLE BEARING UNIT

A cartridge bearing unit seals out dirt and moisture and greatly reduces the need for maintenance.

DURABLE, RELIABLE SHIMANO CONSTRUCTION

Off-road pedals must be able to take a hammering which is why SPD pedals achieve the ideal balance between lightweight, durability, and reliability.



PLATFORM

BUILT FROM THE GROUND UP FOR THE DEMANDS OF GRAVITY RIDERS

SHIMANO Platform pedals are engineered to deliver the DH, Park, or Trail rider the ideal balance of connection to the bike, pedaling stability, and on and off the bike freedom.

GRIP FOR AGGRESSIVE RIDING

Pedal body shape and stainless steel pin placement ensure riders have a direct and secure connection to the pedal, maximizing both control and pedaling efficiency.

OPTIMIZED PEDAL PLATFORM SIZE

M828 SAINT and M8040 DEORE XT pedals feature a concave surface (lower in the center and higher in the front/rear) to further enhance shoe to pedal interface and grip. Adjustable pins offer even more connection.

WEIGHT AND DURABILITY

Materials, construction, shape, and thickness are all carefully considered to engineer a platform pedal with the best balance of lightweight, low Q-Factor, and durability across riding conditions.



CLICK'R

ALL THE BENEFITS OF BEING CLIPPED IN, WITH EASY ENTRY AND RELEASE

CLICK'R pedals are ideal for any cyclist that wants SPD efficiency with a more user-friendly interface.

SHOES AND PEDALS DESIGNED TOGETHER

SHIMANO City and Mountain Touring Shoes feature a unique ladder-shaped "shank" plate. Together with our simple to use pedal, this ensures correct placement of a rider's ball-of-the-foot to transmit power to the pedal.

EASY IN, EASY OUT

This system utilizes a refined recessed SPD cleat, which works with our CLICK'R pedals to transform comfortable walking shoes into a simple-to-use power transfer system.



ROAD

SPD-SL



SPD-SL/PD-R8000

The PD-R8000 brings the technologies from our flagship PD-R9100 to the ULTEGRA level. Its lightweight composite body, with integrated contact plates lowers the overall weight to just 248 grams — 14 grams less than the PD-R6800 it replaces. A sleek package that delivers competition-level performance to the road performance rider.



ULTEGRA PERFORMANCE

Pro level performance for the enthusiast road rider.

LIGHTWEIGHT

Lightweight, yet durable design weighs only 248 grams.

EXTRA WIDE PLATFORM

Wide platform delivers efficient power transfer and stability.

INTEGRATED CONTACT SURFACE

Durable integrated stainless body plate reduces weight, flex, and wear.



WIDE BEARING STABILITY

Wide bearing placement for stable and uniform load distribution.

PLUS 4 MM AXLE OPTION

Offered in two axle lengths, normal and +4 mm.

RIDER ADJUSTABLE

Adjustable entry and release tension settings adjust to rider preferences.



DURA-ACE

PD-R9100

THE LIGHTEST, MOST EFFICIENT DURA-ACE PEDAL EVER CREATED

FEATURES

- Optimized balance of weight and rigidity
- Injection-molded carbon-composite body
- Extra-wide platform for stability and power transfer
- Wide bearing placement for uniform load distribution
- Customize the entry and release tension settings
- SHIMANO 3-year limited warranty
- 4 mm longer axle model available



SHIMANO ULTEGRA

PD-R8000 NEW

LIGHTWEIGHT, PRO LEVEL PERFORMANCE FOR THE ENTHUSIAST RIDER

FEATURES

- Lightweight carbon-composite body
- Extra-wide platform for a more efficient transfer of power
- Durable stainless steel body plate reduces flex and pedal body wear
- Wide bearing placement for stable, uniform load distribution
- Adjustable entry and release tension settings
- 4 mm longer axle available



SHIMANO 105

PD-5800

FROM CLUB RIDING TO SERIOUS RIDING

FEATURES

- Carbon-composite body
- Extra-wide platform for maximum efficient transfer of power
- Durable stainless steel body plate reduces flex and pedal body wear
- Wide bearing placement for stable, uniform load distribution
- Customize the entry and release tension settings
- The SHIMANO style, quality and durability cyclists value



BLACK PD-R550



GRAY PD-R550

PD-R550

WIDE SPRING TENSION ADJUSTMENT RANGE FOR A WIDE RANGE OF RIDERS

FEATURES

- Wide spring tension adjustment range
- Larger entry target for easier engagement
- Composite body
- Extra-wide platform for maximum efficient transfer of power
- Durable stainless steel body plate reduces flex and wear
- Wide bearing placement for stable, uniform load distribution
- The legacy of SHIMANO design, quality and performance



WHITE PD-R540



BLACK PD-R540



SILVER PD-R540

PD-R540

PROVEN PERFORMANCE ON THE RACE COURSE

FEATURES

- Wide platform for a more efficient transfer of power
- Wide bearing placement for stable, uniform load distribution
- Low maintenance sealed cartridge axle unit
- Customize the entry and release tension settings
- The legacy of SHIMANO design, quality and performance



WHITE PD-R540-LA



BLACK PD-R540-LA

PD-R540-LA

LIGHTEST ACTION PEDAL FOR RIDERS THAT DEMAND SPD-SL EFFICIENCY

FEATURES

- Lighter spring action version of PD-R540
- Wide platform for a more efficient transfer of power
- Wide bearing placement for stable, uniform load distribution
- Low maintenance sealed cartridge axle unit
- Customize the entry and release tension settings
- The legacy of SHIMANO design, quality and performance



SPD OFF-ROAD



SPD/PD-M820

SHIMANO SPD pedals have earned the top spots on the podium and in the minds of cyclists for more than 25 years. Hundreds of thousands of professional, amateur, and recreational racers and riders have trusted SHIMANO to deliver reliable performance in every condition. The PD-M820 takes its place as the downhill pedal that sets the standard for better bike control.



WIDE CONTACT AREA

Wide contact area for stable interface with SHIMANO AM series footwear.

LOW PROFILE

Thinner pedal body for lower stack height and less chance to contact obstacles.

ADJUSTABLE PINS

Four height-adjustable pins on each platform for a more secure grip when not clipped-in.

DURABLE AND STRONG

Slim yet durable chrome-moly spindle with 8 mm hex-wrench mount.



SIMPLE AND DURABLE

Non-pop-up alloy body for simplicity and durability plus protects binding mechanism from impacts and damage.

DESIGNED TO WORK TOGETHER

Matches the SH-AM901 shoe.





PD-M9000

ULTIMATE POWER TRANSFER MATCHED WITH LEGENDARY INGENUITY AND RELIABILITY

FEATURES

- Wide pedal-to-shoe contact area
- Wider bearing placement for increased rigidity
- Slimmer, lighter axle
- Low platform height for pedaling stability
- Oval shape axle body housing for smoother mud & debris flow
- Slimmer axle unit increases open space between bindings



PD-M9020

INSPIRED TO TACKLE SINGLE TRACK AND TECHNICAL DESCENTS WITH CONTROL AND CONFIDENCE

FEATURES

- Extremely wide pedal-to-shoe contact area
- Wider bearing placement for increased rigidity
- Increases stability and control when not clipped in
- Protects binding mechanism against impacts
- Oval shape axle body housing for smoother mud & debris flow
- Slimmer axle unit increases open space between bindings



PD-M8000

XC RACE PEDALS OPTIMIZED FOR MAXIMUM POWER EFFICIENCY

FEATURES

- Large pedal platform
- Mud shedding offset binding design
- Lower platform height for pedaling stability
- Robust retention claws provide smooth engagement and release
- Customize the entry and release tension settings
- Strong, durable chrome-moly spindle with 8 mm hex wrench mount



PD-M8020

TRAIL AND ENDURO PEDALS ENGINEERED TO ENHANCE BIKE CONTROL

FEATURES

- Wide pedal-to-shoe contact
- Lower platform height for pedaling stability
- Integrated cage increases stability and control when not clipped in and protects binding mechanism against impacts
- Robust retention claws provide smooth engagement and release
- Customize the entry and release tension settings
- Strong, durable chrome-moly spindle with 8 mm hex wrench mount



SILVER PD-M540



BLACK PD-M540

PD-M540

OPEN BINDING MECHANISM AND LIGHTWEIGHT FOR SERIOUS OFF-ROAD COMPETITORS

FEATURES

- Classic SPD reliability and performance
- Customize the entry and release tension settings
- Better mud and debris shedding than any pedal in its class
- Chrome-moly spindle and low-maintenance sealed bearing cartridge axle



WHITE PD-M530



BLACK PD-M530

PD-M530

CLASSIC SPD RELIABILITY AND PERFORMANCE WITH AN OVERSIZED PLATFORM

FEATURES

- Integrated cage increases stability and control when not clipped in and protects binding mechanism against impacts
- Better mud and debris shedding than any pedal in its class
- Customize the entry and release tension settings
- Low-maintenance sealed cartridge axle





SILVER
PD-M520

WHITE
PD-M520

BLACK
PD-M520

PD-M520

CLASSIC SPD RELIABILITY AND PERFORMANCE PERFECTED FOR MTB OR ROAD CYCLISTS

FEATURES

- Compact body design with open binding for easy-entry
- Better mud and debris shedding than any pedal in its class
- Customize the entry and release tension settings
- Chrome-moly spindle and low-maintenance sealed bearing cartridge axle



PD-M820 NEW

SAINT-LEVEL SPD PEDAL FOR AGGRESSIVE DOWNHILL/ENDURO RIDERS

FEATURES

- Wider contact area enhances stability in combination with AM shoes
- Thinner pedal body for lower stack height and improved obstacle clearance
- Non-pop-up alloy pedal body for simplicity and durability
- Durable, yet slimmer chrome-moly spindle with 8 mm hex wrench mount
- Four height adjustable pins per side for improved grip when not clipped-in
- Pedal body protects binding mechanism against impacts



PD-M647

DESIGNED FOR THE RIGORS OF EXTREME RIDING AND BMX RACING

FEATURES

- "Pop-up" mechanism tilts the binding at a 12.5° angle for easy and fast entry
- Customize the entry and release tension settings
- Excellent mud and debris shedding ability
- Chrome-moly sealed cartridge spindle with reinforced steel collar



PD-M545

DURABLE AND VERSATILE TO TAKE ON NEARLY ANYTHING

FEATURES

- "Pop-up" mechanism tilts the binding at a 12.5° angle for easy and fast entry
- Heavy-duty aluminum body and cages
- Chrome-moly spindle and low-maintenance sealed bearing cartridge axle
- Customize the entry and release tension settings

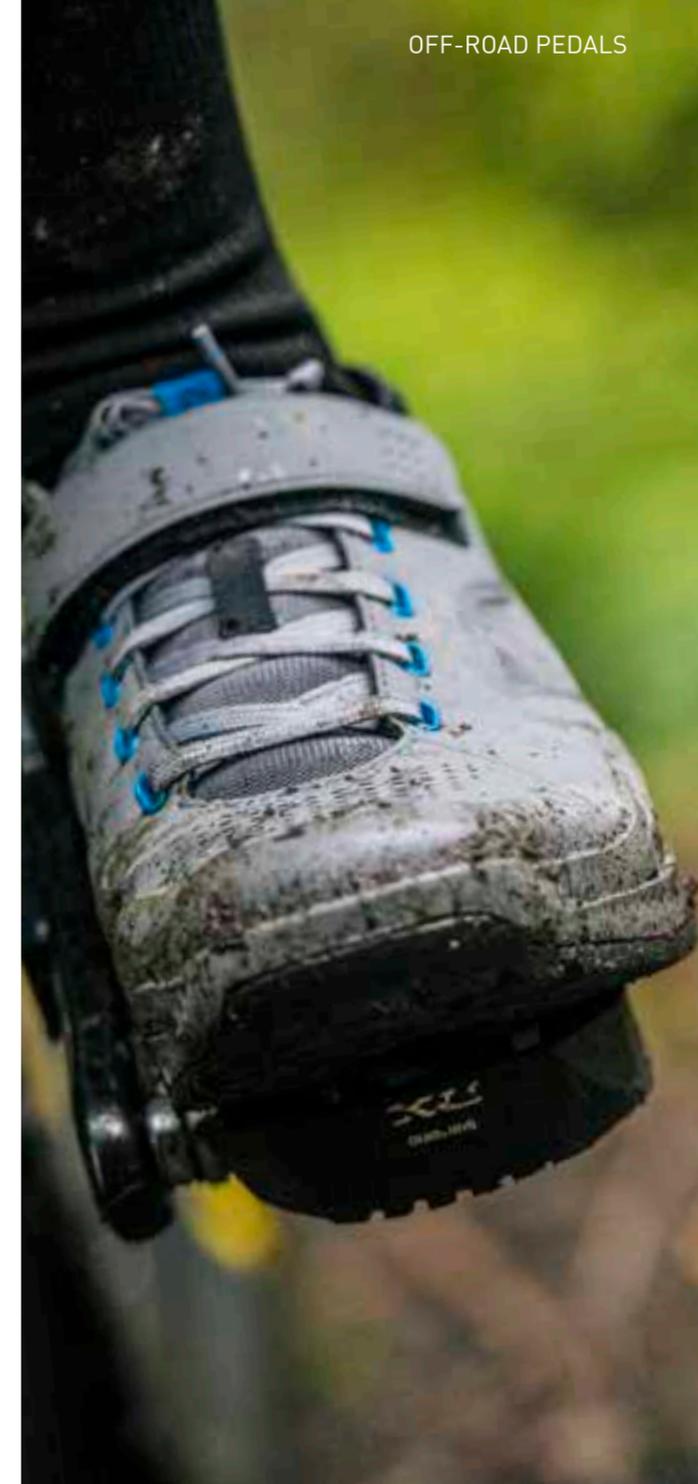


PD-M424

VERSATILE PLATFORM IS GREAT FOR MOST STYLES OF CYCLING

FEATURES

- "Pop-up" mechanism tilts the binding at a 12.5° angle for easy and fast entry
- Large high-impact resin cages
- Chrome-moly spindle and low-maintenance sealed bearing cartridge axle
- Customize the entry and release tension settings



PLATFORM/PD-M828

Experienced and aggressive off-road riders are now looking for pedal options based on the specifics of the ride type, trail, and weather conditions. The SHIMANO platform pedal line is designed to deliver the same performance, quality, and durability that riders around the globe expect from SHIMANO.

OFF ROAD VERSATILE

For trail and downhill, SHIMANO platform pedals offer durability and quality.

OUR BENCHMARK FLAT PEDAL

The PD-M828 is the pinnacle flat pedal line.

SAINT LEVEL PERFORMANCE

Saint level construction and details include a 1 mm fore-aft concave on each side, virtual concave with 5 mm pins at front and rear, 3.5 mm pins at center.

DESIGNED TO WORK TOGETHER

The shoe-to-pedal interface is even more important with a flat pedal. SHIMANO is the only system engineered solution that delivers platform footwear and pedals developed to work as one with the SH-GR900 shoe.



PLATFORM
OFF-ROAD





PD-M828 NEW

NEW SAINT-LEVEL FLAT PEDAL WITH SUPERIOR GRIP, SUPPORT, AND DURABILITY

FEATURES

- Concave platform with "virtual concave" height adjustable pins
- Wide platform for more support and grip
- 12 pins per side with option of long or short pins
- Durable, yet slimmer chrome-moly spindle with 8 mm hex wrench mount



PD-M8040-ML



PD-M8040-SM

PD-M8040 NEW

NEW TRAIL-OPTIMIZED FLAT PEDALS WITH LEGENDARY PERFORMANCE AND DURABILITY

FEATURES

- Two size options (SM and ML) for optimized support and pedaling efficiency
- Concave platform for enhanced grip, long ride comfort, and efficiency
- 10 pins per side with option of long or short pins
- Strong, durable chrome-moly spindle with 8 mm hex wrench mount
- SM : 100 mm x 105 mm for 36 - 44 GR shoe/ML : 110 mm x 115 mm for 43 - 48 GR shoe



BLACK PD-GR500



SILVER PD-GR500

PD-GR500 NEW

DURABLE FLAT PEDAL OFFERS VERSATILITY ACROSS TERRAIN AND RIDING STYLES

FEATURES

- Concave platform for better grip, long-ride comfort, and efficiency
- Height adjustable, bottom-loading replaceable pins
- Chrome-moly spindle and low-maintenance, sealed bearing cartridge axle



EXPLORESER SPD PEDALS



PD-ED500/ ROAD TOURING PEDAL

The PD-ED500 double-sided, light-action SPD is designed for rides requiring frequent engagement and disengagement, such as City Touring. Light-action springs allow for easy entry and exit making the new rider feel more confident. Two-sided entry makes clipping-in easier without the need to flip the pedal or look down.



CLEAN APPEARANCE

The PD-ED500 features a clean appearance body for use on lightweight road touring bikes.

EASY RIDER ADJUSTMENT

Easy-to-adjust entry and release tension settings.

LIGHT ACTION

Easy entry with narrow release is designed for City Touring use.



LOW-MAINTENANCE

Low-maintenance sealed cartridge bearings.

DURABLE PERFORMANCE

Chrome-moly spindle for long service life.

SAFE AND SECURE

Included SM-SH56 multi-directional cleats.

SYSTEM ENGINEERED TO WORK TOGETHER

SHIMANO CT and RT footwear are designed to match for the PD-ED500.





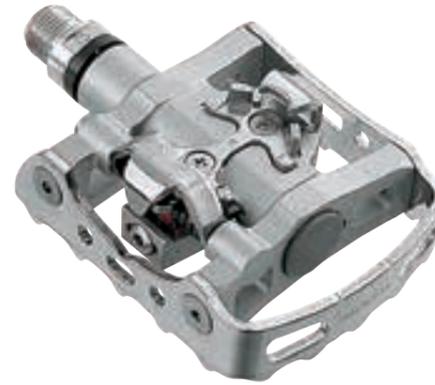
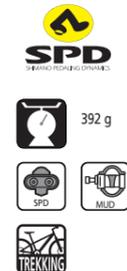
PD-ED500 NEW
 LIGHT ACTION, EASY IN AND OUT SPD ROAD TOURING PEDAL

- FEATURES**
- Double-sided light action SPD pedal design aids frequent entry and release.
 - Adjustable entry and release tension settings
 - Chrome-moly spindle and low maintenance sealed bearing cartridge axle
 - SM-SH56 (multi-directional release cleat) included



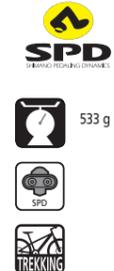
PD-T8000
 HIGH-QUALITY DUAL PLATFORM PERFORMANCE FOR TOURING, TREKKING AND COMMUTING

- Two-sided flexibility and performance
- Customize the entry and release tension settings
- Only 392 grams
- Concave cleat clearance on platform side
- High-grip pins
- Sealed cup and cone bearings



PD-M324
 VERSATILE SPD PEDAL FOR ENTRY-LEVEL USERS, GREAT FOR EVERYDAY CYCLING

- Combines the efficiency of the SPD system and the convenience of a platform pedal
- Customize the entry and release tension settings
- Sealed mechanism and serviceable cup & cone bearings



PD-A600 NEW COLOR
 PREMIUM ROAD SPD PEDAL

- Lightest ever SPD pedal at ULTEGRA level
- Wide platform for more efficient transfer of power from SPD shoes
- Aerodynamic, single-entry SPD design
- Recessed SPD shoe compatible allows off the bike walking
- Customize the entry and release tension settings



SILVER
PD-A530



BLACK
PD-A530

PD-A530
 OUR MOST VERSATILE ROAD SPD PEDAL

- Dual efficient step-in SPD and a concave stable platform
- Clean, svelte, attractive appearance
- Low-maintenance sealed cartridge axle unit
- Customize the entry and release tension settings
- The legacy of SHIMANO design, quality and performance



PD-A520
 PRACTICAL PLATFORM FOR ROAD CYCLISTS

- Lightweight, aerodynamic single-entry SPD design
- Recessed SPD shoe compatible allows off the bike walking
- Customize the entry and release tension settings
- The legacy of SHIMANO design, quality and performance





EXPLORER CLICK'R PEDALS



PD-T421

VERSATILE DUAL-PLATFORM CLICK'R PEDAL WITH EVERYDAY EASE OF USE

- Versatile use CLICK'R binding on one side and flat pedal on the other
- Lighter spring
- Easier to catch the binding
- Pop-up cage
- Better grip on flat side with non-slip surface and concave shape
- Rider Tuneable adjustable entry and release tension settings



BLACK
PD-T400



WHITE
PD-T400

PD-T400

OFFERING A MORE ENJOYABLE CYCLING LIFE TO MORE PEOPLE

- Lighter spring for simple entry and release
- Pop-up cage for easier step-in
- Integrated reflector for safety
- Customize the entry and release tension settings
- Chrome-moly spindle and low-maintenance sealed bearing cartridge axle
- SM-SH56 (multi-directional release cleat) included



PD-MT50

MTB STYLE SHIMANO CLICK'R PEDAL FOR RECREATIONAL MTB USE

- Lighter spring for simple entry and release
- Pop-up cage for easier step-in
- Customize the entry and release tension settings
- Chrome-moly spindle and low-maintenance sealed bearing cartridge axle
- SM-SH56 multi-directional release cleat included



REFLECTORS



SM-PD58

COMPATIBLE WITH
PD-7810, PD-6700, PD-6620, PD-5700, PD-5610, PD-5600, PD-7800, PD-6610,
PD-7750, PD-R670, PD-R600, PD-R540 and PD-R540-LA

S-PART NO.
• Y40R98070



SM-PD59

COMPATIBLE WITH
PD-A520

S-PART NO.
• Y40R98090



SM-PD60

COMPATIBLE WITH
PD-M9000, PD-M9020, PD-M980, PD-M985, PD-M8000, PD-M8020, PD-
M647, PD-M785, PD-M780, PD-M530

S-PART NO.
• Y40Z98010



SM-PD61

COMPATIBLE WITH
PD-A530

S-PART NO.
• Y45Z98010



SM-PD62

COMPATIBLE WITH
PD-A600

S-PART NO.
• Y46D98050



SM-PD63

COMPATIBLE WITH
PD-R9100, PD-9000, PD-7900, PD-6700C

S-PART NO.
• Y46J98010



SM-PD64

S-PART NO.
• Y46R98060



SM-PD64A

COMPATIBLE WITH
PD-M828, PD-GR500



SM-PD67

COMPATIBLE WITH
PD-M8040



SM-PD40 BUCKLE & STRAP SETS

COMPATIBLE WITH
PD-M545, PD-M424 and PD-M434

S-PART NO.
• Y41J98010



SM-PD22

COMPATIBLE WITH
PD-M970, PD-M770, PD-M959, PD-M515, PD-M520, PD-M540 and PD-M505

S-PART NO.
• Y41R98070

ORIGINAL TOOLS



TL-PD63

CONE ADJUSTING TOOL SET

COMPATIBLE WITH
SPD Pedal

S-PART NO.
• Y46098630



TL-PD33

CONE ADJUSTING TOOL SET

S-PART NO.
• Y41N98040



TL-HS40

CONE ADJUSTING TOOL

COMPATIBLE WITH
PD-9000/7900/7700/7750/7800

S-PART NO.
• Y13098320



TL-HS37

CONE ADJUSTING TOOL

COMPATIBLE WITH
PD-9000/7900/7700/7750/7800

S-PART NO.
• Y23098030



TL-PD40

CONE ADJUSTING TOOL

For loosening/tightening lock nut

S-PART NO.
• Y42A09000

PEDAL ICONS

FEATURES



SPD-SL
Wide, performance-specific
cleat design



SPD
Recessed, walkable cleat design



POP-UP CAGE
Easy entry pop-up binding
design



CARBON BODY



MUD SHEDDING DESIGN
Open binding mechanism to
better shed mud



AXLE LENGTH
+4 mm

EASY IDENTIFICATION OF EACH SHOE AND PEDAL RECOMMENDED USE



ON ROAD



TIME TRIAL



TRIATHLON



COMPETITION



FLAT HANDLE
BAR/ROAD BIKE



XC RACE



CROSS
COUNTRY



CYCLO CROSS



ENDURO



TRAIL



CROSS ALPS



ALL MOUNTAIN



FREE RIDE



DOWN HILL



BMX



TREKKING



CASUAL MTB



CITY BIKE



WOMEN'S FIT

FOOTWEAR LINE UP

ROAD

ROAD COMPETITION

RC9

SIZE
36, 37 - 47 in half sizes, 48
Wide type size: 36, 37 - 47 in half sizes, 48



WHITE
SH-RC900

BLUE
SH-RC900

YELLOW
SH-RC900

RC7

SIZE
38 - 47 in half sizes, 48, 49, 50
Wide type size: 38 - 47 in half sizes, 48, 49, 50



WHITE
SH-RC700

RED
SH-RC700

ROAD PERFORMANCE

RP9

SIZE
36, 37 - 47 in half sizes, 48, 49, 50
Wide type size: 36, 37 - 47 in half sizes, 48

NEW



BLACK
SH-RP901

WHITE
SH-RP901

BLUE
SH-RP901

NAVY
SH-RP901

RP5

SIZE
36 - 50

NEW



BLACK
SH-RP501

WHITE
SH-RP501

RP3

SIZE
36 - 52
Wide type size: 36 - 52



BLACK
SH-RP300

WHITE
SH-RP300

NEW BLACK/BLUE
SH-RP300

RP2

SIZE
36 - 50



BLACK
SH-RP200

WHITE
SH-RP200

NEW BLACK/YELLOW
SH-RP200

ROAD PERFORMANCE CONTINUED

RP1

SIZE
36 - 48

NEW



BLACK
SH-RP100

NEON YELLOW
SH-RP100

RW5

SIZE
38 - 48



BLACK
SH-RW500

TRIATHLON

TR9

SIZE
36, 37 - 47 in half sizes, 48, 49, 50



BLUE
SH-TR900

TR5

SIZE
36 - 52



WHITE
SH-TR500

OFF-ROAD

XC-RACING

XC9

SIZE
36, 37 - 47 in half sizes, 48
Wide type size: 38 - 47 in half sizes, 48



BLACK
SH-XC900

BLUE
SH-XC900

YELLOW
SH-XC900

XC7

SIZE
38 - 50
Wide type size: 38 - 48



BLACK
SH-XC700

RED
SH-XC700

MULTI-SURFACE

XC5

SIZE
38 - 50

NEW



BLACK
SH-XC500

GRAY/ORANGE
SH-XC500

MOUNTAIN ENDURO

SH-ME7

SIZE
38 - 50



BLACK
SH-ME700

GRAY
SH-ME700

SH-ME5

SIZE
38 - 50



BLACK
SH-ME500

GRAY
SH-ME500

ME3

SIZE
36 - 52
Wide type size: 36 - 52

NEW



BLACK/WHITE
SH-ME300

BLACK/ORANGE
SH-ME300

GRAY/YELLOW
SH-ME300

ME2

SIZE
36 - 50

NEW



BLACK/WHITE
SH-ME200

GRAY/BLUE
SH-ME200

GRAVITY

AM9

SIZE
36 - 48

NEW



GRAY/BLUE
SH-AM901

AM7

SIZE
36 - 48

NEW



GRAY/BLUE
SH-AM701

LIME GREEN
SH-AM701

AM5

SIZE
36 - 48



BLACK
SH-AM500

GRAY CAMO
SH-AM500

GR9

SIZE
36 - 48

NEW



GRAY/GREEN
SH-GR900

GR7

SIZE
36 - 48

NEW



BLUE
SH-GR700

GRAY/GREEN
SH-GR700

SEVERE CONDITIONS

MW7

SIZE
38 - 48



BLACK
SH-MW700

MW5

SIZE
38 - 48



BLACK
SH-MW500

FOOTWEAR LINE UP

ROAD

ROAD/CITY

CT5
SIZE 36 - 48
NEW

BLACK SH-CT500 NAVY SH-CT500 OLIVE SH-CT500 ORANGE SH-CT500

RT5
SIZE 36 - 48

BLACK SH-RT500 **NEW** NAVY SH-RT500

RT4
SIZE 36 - 48

GRAY SH-RT400 DARK GRAY MELANGE SH-RT400

OFF-ROAD

CROSS MOUNTAIN

XM9
SIZE 36 - 48

GRAY SH-XM900

XM7
SIZE 36 - 48

GRAY SH-XM700

MOUNTAIN TOURING

MT7
SIZE 36 - 48
NEW

ORANGE SH-MT700 OLIVE SH-MT700

SH-MT5
SIZE 36 - 48

RED SH-MT500 BLACK SH-MT500

SH-MT3
SIZE 36 - 48

BLACK SH-MT300 BLUE SH-MT300

SH-SD5
SIZE 37/38 - 47/48

GRAY SH-SD500

WOMEN'S FOOTWEAR LINE UP

ROAD

ROAD PERFORMANCE

RP7 WOMEN
SIZE 36, 37 - 44 in half sizes
NEW

GRAY SH-RP700 WOMEN

RP5 WOMEN
SIZE 36 - 44
NEW

WHITE SH-RP501 WOMEN NAVY SH-RP501 WOMEN

RP3 WOMEN
SIZE 35 - 44

BLACK SH-RP300 WOMEN WHITE SH-RP300 WOMEN

ROAD PERFORMANCE

RP2 WOMEN
SIZE 36 - 44

BLACK SH-RP200 WOMEN WHITE SH-RP200 WOMEN

TRIATHLON

TR9 WOMEN
SIZE 36 - 44

WHITE SH-TR900 WOMEN

TR5 WOMEN
SIZE 36 - 44

WHITE SH-TR500 WOMEN

OFF-ROAD

MULTI-SURFACE

XC5 WOMEN
SIZE 36 - 44
NEW

BLACK/MAGENTA SH-XC500 WOMEN

MOUNTAIN ENDURO

ME3 WOMEN
SIZE 36 - 44
NEW

BLACK/MAGENTA SH-ME300 WOMEN GRAY/MINT SH-ME300 WOMEN

ME2 WOMEN
SIZE 36 - 44
NEW

BLACK/GREEN SH-ME200 WOMEN GRAY/MAGENTA SH-ME200 WOMEN

GRAVITY

GR7W
SIZE 36 - 44
NEW

GRAY/MINT SH-GR700 WOMEN

ROAD/CITY

CT5 WOMEN
SIZE 36 - 44
NEW

MINT SH-CT500 WOMEN BLACK SH-CT500 WOMEN NAVY SH-CT500 WOMEN

RT5W
SIZE 36 - 44

WHITE SH-RT500 WOMEN BROWN SH-RT500 WOMEN

RT4W
SIZE 36 - 44

WHITE SH-RT400 WOMEN PURPLE MELANGE SH-RT400 WOMEN GRAY MELANGE/MINT SH-RT400 WOMEN

MOUNTAIN TOURING

SH-MT5W
SIZE 36 - 44

BLACK/GREEN SH-MT500 WOMEN

SH-MT3W
SIZE 36 - 44

BLACK/GREEN SH-MT300 WOMEN

PEDALS LINE UP

SPD-SL		SPD	
<p>PD-R9100 228g</p>  <p>PD-R9100</p>		<p>PD-M9000 310g</p>  <p>PD-M9000</p>	
<p>PD-R8000 248g</p> <p>NEW</p>  <p>PD-R8000</p>		<p>PD-M9020 379g</p>  <p>PD-M9020</p>	
<p>PD-5800 285g</p>  <p>PD-5800</p>		<p>PD-M8000 343g</p>  <p>PD-M8000</p>	
<p>PD-R550 310g</p>  <p>BLACK PD-R550 GRAY PD-R550</p>		<p>PD-M8020 408g</p>  <p>PD-M8020</p>	
<p>PD-R540 330g</p>  <p>WHITE PD-R540 BLACK PD-R540 SILVER PD-R540</p>		<p>PD-M540 352g</p>  <p>SILVER PD-M540 BLACK PD-M540</p>	
<p>PD-R540-LA 330g</p>  <p>WHITE PD-R540-LA BLACK PD-R540-LA</p>		<p>PD-M530 455g</p>  <p>WHITE PD-M530 BLACK PD-M530</p>	
		<p>PD-M520 380g</p>  <p>SILVER PD-M520 WHITE PD-M520 BLACK PD-M520</p>	

SPD		SPD		SPD	
<p>PD-M820 568g</p> <p>NEW</p>  <p>PD-M820</p>		<p>PD-ED500 455g</p> <p>NEW</p>  <p>PD-ED500</p>		<p>PD-T400 507g</p>  <p>BLACK PD-T400 WHITE PD-T400</p>	
<p>PD-M647 568g</p>  <p>PD-M647</p>		<p>PD-T8000 392g</p>  <p>PD-T8000</p>		<p>PD-MT50 498g</p>  <p>PD-MT50</p>	
<p>PD-M545 567g</p>  <p>PD-M545</p>		<p>PD-M324 533g</p>  <p>PD-M324</p>			
<p>PD-M424 472g</p>  <p>PD-M424</p>		<p>PD-A600 286g</p>  <p>PD-A600</p>			
FLAT PEDAL					
<p>PD-M828 493g</p> <p>NEW</p>  <p>PD-M828</p>		<p>PD-A530 383g</p>  <p>SILVER PD-A530 BLACK PD-A530</p>			
<p>PD-M8040 460g(SM) 503g(ML)</p> <p>NEW</p>  <p>PD-M8040-SM PD-M8040-ML</p>		<p>PD-A520 315g</p>  <p>PD-A520</p>			
<p>PD-GR500 535g</p> <p>NEW</p>  <p>BLACK PD-GR500 SILVER PD-GR500</p>		<p>PD-T421 423g</p>  <p>PD-T421</p>			